

HARBOR LIGHT

HACO Bingo Night puts Fun in Fundraiser

April 2017

It was the day after St Patrick's Day and the luck of the Irish shone down on the AA fellowship as the first ever Bingo fundraiser for the Harbor Area Central Office (HACO) was a resounding success.

"I think we found our spring event," said Program Chair Liz G who was tasked with coming up with a venue — at the Neighborhood Church in Bellflower — and assembling an enthusiastic crew of volunteers. "At the end of the day, it's not a one-person effort," adds Liz in showing her gratitude to the Bingo Team. "The committee put a lot of their time and effort into Bingo Night and I owe them a big thank you and a shout out to the groups, sponsors and volunteers and especially the fellowship in the Harbor Area who supported and attended the event."

And the fellowship did show up with 219 in attendance raising more than \$2000 for the Harbor Area Central Office. Each of the eight games played was sponsored by a local meeting group and it would be remiss not to thank them for the gift baskets that they assembled.

The "Staying Perky" basket was donated by the Friday Night Participation Group and won by Tami from the Women's Snake Pit. The "Quiet Time" prize was donated by the Tuesday Night 12X12 and won by Nick O from the Paramount Speakers. Third prize on the night was the "Movie Night" offering donated by the Wednesday Night Discussion Group claimed by two simultaneous bingo calls by the twice lucky Tami and Ray from the Tuesday Night 12X12. Bowling Green donated the "Game Night" basket won by Tyler H of the Wednesday Night Discussion Group. The "Serenity Spa" package from Under the Bridge was claimed by Robin of Keep It Simple Saturday. Mark H of Sober On The Sand yelled bingo for the "Looking Good in Sobriety" salon gift card donated by Thursdays. Keith from the Bellflower Big Book Group won four tickets to the Aquarium at the Pacific. The final bingo prize of the night – a round of golf for four



Volunteers stood out in stylish pink fedoras at HACO Bingo Night.

people – "Always Up to Par and Beautiful Succulent Bowl" basket was scored by Laurie of Monday Rockettes.

Master of Ceremonies and bingo caller extraordinaire Matt R kept a steady pace to the games and injected humor in between rounds.

Beyond the games of bingo, refreshments and snacks were served and a 50/50 draw was held. HACO staff member Deborah M was tasked with selling the 50/50 tickets. "Everybody was willing and excited to participate," she said with regards to the evening. "It was fun, exciting, well organized and very enthusiastic." And speaking of enthusiasm, one of the most enthusiastic people had to be Tyler H who claimed \$350 from the 50/50 draw.

Card seller Mark J who sold an additional 150 game cards on top of the cards that came with the \$10 ticket stated that Bingo Night was, "The most successful spring event in years." A sentiment shared by Liz G who adds that, "I think we found our spring event!"

Harbor Area Central Office
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Reflecting on the Courage of Undertaking the Fourth Step

The Fourth Step of our program has great intrinsic value for the person writing it and for the person who will eventually hear it in the Fifth Step.

When I was asked to write my Fourth Step story, I didn't think twice and said, yes. It's been almost seven years since I wrote my inventory and a lot of the hang-ups and fears that went along with that process have receded or altogether vanished in my life today.

Luckily, I still have my written Fourth Step, although it's been many years since I had looked at it, the papers always seemed to find their way into a safe, secure place, through moves and the other activities of daily life. I recently took the inventory out and reminisced.

Thinking back to my first few months in the program, I can still remember other newcomers. I remember those who came in around the same time that I did, talking about where they were in their progress on the Steps. It almost seemed like a measure of one's value or worth, the further along you were, the more superior you could be amongst the other newcomers who hadn't worked a step you already had. I must laugh today.

The thought process of a newcomer is entertaining to say the least. During these conversations, however, you could detect a greater level of seriousness when it came to the Fourth Step. Often conversations I had with other newcomers were colored by a reluctance to undertake an inventory. You see, by this time I was 3-4 months into the program, and the desperation that had accompanied me into the rooms had diminished slightly. I remember hearing an old-timer

See Fourth Step on page 6...

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Send articles, comments, letters and artwork to:

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I'm Just Not Ready Yet — Avoiding Half Measures in Steps Four & Five

Who can, positively, describe the dynamics of alcoholic thinking? No one can, as it is as diverse as the number of alcoholics in the world. So how can anyone have the definite answers to any of the multitude of difficulties that we face?

We do find different ideas of how to address, so called, problems that gives us a start towards reducing the effects that those problems have on us, until they are no longer interfering with our mental calmness. If we are diligent about it, we will eventually find a place of acceptance which is hard to describe.

I was in the navy when I entered Alcoholics Anonymous, in the late 1960s, and was desperate enough to seek out AA for myself, with no coercion from the outside world. I've never had a problem with Step One and the drinking part of the program. In all honesty, I have never wanted a drink from the that very first day, which brings us to the rest of the steps.

I hear stories all the time about people with long term sobriety, who have relapses, and that seems to contradict the first sentence in Chapter Five of the Big Book that says, "Rarely have we seen a person fail who has thoroughly followed our path." I've heard it said that the cofounders wanted to change the word "rarely" to "never."

One of the reasons, that I see, that may answer the question about old-timers that decide to drink again after long term sobriety, may be the half measures approach to Steps Four and Five. This is not to criticize them for being unable to take that risk at the time, for we know how difficult it is to overcome the shame and embarrassment of our past behaviors. These fears are also symptoms of the disease of alcoholism and no one can judge another for not being able to bring them to disclose these things too soon.

My first attempt at Step Four happened before my one year anniversary. I was doing the best I could, at the time, based on my shallow understanding of this process that we are supposed to go through. I then received orders to be shipped out to the Western Pacific.

So, I folded up my composition book containing my Fourth Step and stowed it away. I spent most of those four months at sea on an oil tanker, absent of any AA meetings. I had a lot of time to think about what I was going to do when I got back.

When I did arrive home, I unpacked that composition book and started to read what I had written as a Fourth Step and I became aware of how shallow my thinking had been at the time I was writing it. I destroyed all the drivel I had written and started over again. I went on to revisit all "those tormenting ghosts of yesterday" in a somewhat fearless and thorough way.

See To Thine Own Self Be True on Page 7...

The Fourth Tradition and the Birth of Rule 62

“Each group should be autonomous except in matters affecting other groups or AA as a whole.”

The Fourth Tradition began before there were any Traditions to speak of. Let alone Twelve of them. It is written in the Big Book that, “Any two or three alcoholics gathered together for sobriety may call themselves an AA group provided that as a group they have no other affiliation.”

Some people take that phrase to mean that any two alcoholics, a pot of coffee and a resentment can form their own group. It’s been done. While you can have a meeting on a beach or a meeting in a warehouse you can’t have a Republican meeting on the beach nor a Democrat meeting in a warehouse. Either meeting can have republicans or democrats but we just can’t talk about it or pontificate our political views. It’s enough to drive you to drink. And we don’t want to drink. We want to remain sober.

AA legend has it that before the Traditions were written down there was this one particular, nameless, AA group that had delusions of grandeur. They were going to build a magnificent building, with research labs, clubhouses, classrooms, hospital beds, etc. Everything that an alcoholic could want or need. They drew up their charter and drew up their rules. They managed to come up with 61 rules that would ensure that their dream palace would be effective and profitable. They even wrote to New York seeking the blessing of the General Service Office which wasn’t even known as the General Service Office at the time – this was a long time ago!

It was the Scottish poet Robert Burns who wrote of the best laid plans of mice and men go askew and the plans and the walls of the utopian AA group came a tumbling down amidst acrimony and confusion.

When they realized that they had strayed from the principles of AA the group reformed and refocused. They humbly asked to be recognized by AA and adhering to the tenets of the program. They also saw the folly of their ways and added another rule. To this day this additional rule is the only one rule that anyone remembers. Rule 62: Don’t take yourself too damn seriously.

Harbor Light New Subscriptions!

**Sober On The Sand — March 2017
Sunset Beach, CA**

**Caroline R — March 2017
Chicago, IL**

Attend H&I Conference in April and Lock Up Service Opportunities



Are you interested in doing Twelfth Step work *but* have been scared off by those old-timers talking about their harrowing experiences? Are you interested in doing Twelfth Step work *but* aren’t sure you’re “sponsor material?” Are you interested in doing Twelfth Step work *but* think you don’t have enough sobriety under your belt?

Get off your *but* (pun intended!) and come check us out! We are Southern California H&I. We go into hospitals and institutions all over Southern California and carry the message that AA is here and available for anyone with a desire to stop drinking. We do this by sharing our experience with becoming a part of AA to others.

That’s all. Literally.

Sobriety time requirement? Six months. Long enough to show you can “follow a few simple rules” (see the Big Book p xxix). Before you get your hackles up, please note that this comes from a physician. One of the professionals we work with when we’re doing H&I work.

We carry the message to the client/inmate/patient/individual, *and* we carry the message to the doctor/judge/lawyer/prison staff member. We get a double whammy for our participation. Not to mention that we get to stay sober ourselves.

Interested *but* don’t want to commit (yet)? Join us for the 36th Annual Southern California H&I Conference at the Holiday Inn, La Mirada (a short ride up the I-5 freeway) on April 7-9, 2017.

We have panel presentations with members of the professional community in corrections and treatment. We have panel presentations on Contact on Release, Young People in H&I, Al-Anon in H&I, and the Spanish speaking community in H&I. All panel presentations have active question and answer periods following the presentations – you can get answers to your questions here.

See H&I Conference on Page 7...

Young People and Finding Oneself in Finding Alcoholics Anonymous

I grew-up in a family of “hard-drinkers.” I cannot recall my first drink, I was always attracted to the idea of liquor and I didn’t find that abnormal. I remember asking my parents if I could try their drinks; I found the taste repulsive, but was still attracted.

When I was eight years old my father passed away due to complications concerning drugs and liquor. Whatever symptoms of a spiritual malady I had before increased tenfold. I like to say that long before I picked up a drink I was painfully “self-centered,” constant self-obsession is bound to make anyone miserable.

I frequently experienced waves of fear, insecurity, loneliness, and discontentment long before I crossed that invisible line the Big Book talks about, “liquor ceased to be a luxury, it became a necessity.” However, once I did, alcohol become my solution.

My alcoholic adolescence was a perpetual decline. I didn’t move forward with any milestones — I didn’t graduate high school, obtain a driver’s license, or plan for my future. Slowly but surely, my life started revolving around liquor.



I dropped childhood friendships, surrounding myself with people who drank like me. I watched my GPA nosedive and eventually quit any kind of sports or hobbies — everything seemed pointless. For a few years, I worked full-time to support my alcoholism, but as my physical, mental, and spiritual condition worsened, I couldn’t even show-up for that.

My first experience with AA was through Hospitals & Institutions (H&I). An AA panel shared their experience, strength, and hope at the adolescent unit where I was on a psychiatric hold. Although I wasn’t willing to admit complete defeat, I enjoyed hearing your stories.

That was the first time a medical professional told me I had a problem with alcohol, and that was the first time I began to acknowledge I could not stay stopped. I knew something was the problem, I was certainly insane, but liquor was my

ally. I started causing more wreckage with my family, becoming a producer of chaos and confusion to all who encountered me.

As my condition progressed I started stealing valuables and money from my parents, grandmother, and siblings. My family got in the way of my drinking, so I lived with boy-friends or stayed with anyone I could manipulate with my stories of woe. I was homeless and destroyed anything worth having in life. I was arrested on Thanksgiving of 2007 and charged with multiple offenses directly tied to my drinking and drug use.

The Superior Court of California legally “recommended” that I attend AA meetings. So, in June of 2008 that is how I found my way to you. I was nineteen years old and torn to shreds; most of my loved ones thought I was doomed.

I came into the rooms physically ill, still experiencing withdrawal symptoms. I was hopeless, and expected to be preached to by a plethora of drunks. We were a group who normally wouldn’t mix, but everyone seemed grateful and happy.

One woman that I had just met purchased my first Big Book for me, but no one pressured me to identify as alcoholic. In fact, it took a while for me to become convinced of the futility and fatality of my condition. Until I identified with our common problem, I being terminally unique, wouldn’t become willing to take the action necessary for our common solution.

My sobriety date is September 17th, 2008. At the ripe old age of twenty I wasn’t thrilled to be a member of AA although I was ecstatic to have a daily reprieve from the grips of alcohol. I asked a kind woman with a working knowledge of the Big Book to be my sponsor. As I began working the Steps with her my life slowly improved.

It was clear to me that she wasn’t working an angle. She believed in what we do in AA. Practicing principles in all of my affairs has been difficult, to say the least. However, I am forever in debt to the life AA has given me. It has been my experience that *all* suggestions in AA have played a vital role in my recovery.

I am innately a defiant, selfish, egotistical drunk, and I find it better to let the actions that I take (when following suggestion) speak on my behalf. The actions I take in AA that I receive no praise for are more powerful than anything I can say on behalf of myself.

I now have a life that becomes increasingly more wonderful as time passes. I have all the “things.” You have taught me how to do the footwork but what’s priceless are, “The Promises” commencing in my life.

— Megan S

Acceptance was the Answer! How A License Plate Lead Us to the Big Book of Alcoholics Anonymous

Some phrases of the Big Book resonate with some more than others.

The chapter in Personal Stories by Dr. Paul O entitled *Acceptance was the Answer!* results in approximately half a million page views when you search for “page 417 big book.”

While the chapter itself begins on page 412 of the Fourth Edition of *Alcoholics Anonymous* it is the passage on page 417 that people seek out more than others.

"And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing or situation – some fact of my life – unacceptable to me, and I can find no serenity until I accept that person, place, thing or situation as being exactly the way it is supposed to be at this moment.

"Nothing, absolutely nothing happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes."

Harbor Light thanks Bobby G for showing us the riddle of his personalized plate and his most favored passage of the Big Book. A passage that resonates with him each and every day.

Bobby G is quick to remind that the passage was found on page 449 of the Third Edition of *Alcoholics Anonymous*.



Could you guess the AA riddle behind this license plate without reading the story above?

July 9 Announced for Date of Rule 62 Picnic



You'll have a ball at the Rule 62 Picnic on July 9!

Hot on the heels of its successful spring event – Bingo Night – The HACO events committee is looking forward to its signature summer event – The Rule 62 Picnic.

Not that we take ourselves too seriously but there is not a better way to spend a summer afternoon than enjoying the fellowship of Alcoholics Anonymous in a family friendly environment.

This year's Rule 62 Picnic will be held on Sunday July 9 at El Dorado Park West in Long Beach. As with past renditions of the picnic, there will be many activities throughout the course of the day to keep you and yours entertained. Refreshments, eating contests, raffle and live music are just some of the fun you should expect.

Contact HACO by calling (562) 989-7697 or info@hacoaa.org for more information and to find out how you can participate in 2017.

Keep your eyes peeled to future issues of *Harbor Light* for more details of the Rule 62 Picnic.

The Fourth Concept and the Right of Participation

Throughout our Conference structure, we ought to maintain at all responsible levels a traditional “Right of Participation,” taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

Fourth Step Inventory Reveals Much

Continued from Page 2...

say to me, “The ego is the first thing to come back.” In my case, this was true. Luckily for me, my home group doesn’t take the Steps as being optional and my sponsor was insistent that I write my inventory.

Back then I didn’t appreciate the Big Book the way I do today. I was always in a rush to get back to being “normal”, never realizing that being “normal” is something I’ll never achieve. I remember the Big Book had compared writing the Fourth Step to a business taking inventory and that if this inventory was not completed the business would go broke.

This kind of language caught my attention even then. My life had already got much better in my first few months. I was smart enough to realize that I didn’t want to lose that. The gifts of our program are many, however, there are certain things we MUST do, and the Steps, including the Fourth, are MUST dos. This being the case, and my sponsor being on my case, and a healthy dose of concern over messing up a program that was already working well, brought me to the place where I was ready to write it out, or so I thought.

My recommendation for anyone who is writing a Fourth Step is to set a date with your sponsor to do the Fifth Step. I hadn’t done that, and my sponsor didn’t give me a due date, so of course I procrastinated. I got away with that for a few months, but then my sponsor, finally tired of my excuses, gave me a date for him to listen to my Fifth Step.

Luckily for me, there was no shortage of expert advice on how to write an inventory. I was told things like: “If its longer than 20 pages it’s all ego” and; “if it was shorter than 20 pages then it wasn’t truthful or comprehensive.” Armed with this knowledge I set out to make a searching and fearless moral inventory of myself.

The first thing I asked my sponsor was if I could type it out on the computer. I figured this would allow for easy editing, and I would know exactly how many words it was and other helpful information like that. I figured wrong.

My sponsor was adamant that I write my inventory. With a pen, not a pencil. This was because that was how the Fourth Step is described in the Big Book. That settled that. I ended up taking my blank sheets of paper and drawing out the four columns: Person/Place/Thing; Cause; Affects and; My Wrongs.

It wasn’t difficult to fill in the first column, those were the resentments I had toward others. The “Cause” was easy too, and how it affected me was probably the wordiest column I wrote.

At this point in my sobriety I still had a bit of a victim syndrome going. It is amusing now to look back at my written inventory. It was that last column though, that one was the key to everything for me. My wrongs. Who knew? Evidently everyone else in the room but me.

That last column was the eye opener, my part in all the wrong-doings. It also was the connecting thread for all my resentments. As I looked at the inventory anew, I was finally able to see where I played a part. And not just the part of the victim. If I had done something, said something, not done something, not said something, how different things would be. It was there in black and white staring back at me.

The inventory itself revealed much, and the subsequent steps brought a level of serenity into my life I had never dreamt of. The writing of my inventory had to be honest. Looking back at the actual copy today, I can say, I was honest.

My Fourth Step inventory makes me appreciate my sponsor more from back at that time. His willingness to listen to such unpleasant thoughts and situations is commendable. The real winner in the whole story, of course, is me. By honestly writing out an inventory, so much of my fears were captured on that piece of paper. In hindsight, it was easy to see how much needed to be addressed with the actions outlined in the subsequent Steps of our program.

Today, I am supremely overpaid. My life is much more comfortable. I can look others in the eye, and I can even look myself in the mirror and know that today I am a better person because at one point, seven plus years ago, I wrote out an honest inventory as part of practicing the program of Alcoholics Anonymous.

Truly my life is better than I deserve!

— Anonymous

Picture of the Month



What’s up Doctor Bob?

Do you have a humorous or seasonal photo that you would like to share with the readers of harbor Light? Send your picture to: HarborLightChair@hacoaa.org and it could appear in a future issue!

To Thine Own Self Be True In Assessing Your Fourth Step

Continued from Page 2...

I believe that doing it that way is the cornerstone of the rest of my Steps. In time, I have addressed the rest of the Steps with as much courage and thoroughness as I can muster. The results are an unshakable framework for life.

If, however, I wasn't strong enough to revisit that Step after four months at sea and had gone ahead with my original Fourth Step prior to flying out to the Far East, I may have convinced myself that I had done it. That halfhearted effort would have amounted to a facade that could have lead me to be satisfied with, "just not picking up today."

The only way, that I can see, to bridge the difference between the *half measures approach*, and the *fearless and thorough approach*, is to be honest with myself about being in fear concerning the things I'm not willing to disclose in Steps Four and Five.

Denying them slams the door on the rest of the program. Admitting that they exist would be leaving the door open to getting back to it when you have a little more AA under your belt. If, on the other hand, you attempt to slip by with the half measures approach, you may not ever want to admit to it later and that would be tragic. You could end in a relapse after some serious years of sobriety. Some of these things take time and we should not be made to rush into them at the expense of *self honesty*.

"I know I must but I'm just not ready yet" is a simple turn of a phrase. Yet, these issues will not go away by themselves. Someday you may run across someone that you feel you could trust with your life and be willing to take the risk. This is an approach that no one, who counts, will ever fault you for. It's very important to keep it honest.

As William Shakespeare wrote, "This above all: to thine own self be true, and it must follow, as the night the day, thou canst not then be false to any man."

— Rick R

Pleading the Sixth

As the Sixth Tradition states: "An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

Therefore the names of groups and meetings in the *Harbor Light* are listed and included for news and informational purposes only. The *Harbor Light* does not endorse any group or meeting in the Harbor Area, nor should any inference of endorsement be read into these pages. The views expressed are of the individual writers.

We do encourage all members to visit as many meetings and groups as possible to better inform one's own sobriety.

H&I Conference Runs April 7-9

Continued from Page 3...

We have speakers talk about their experience with H&I work. And we have fun! We have a comedy hour on Friday night, a luncheon and dinner on Saturday, and a dance on Saturday night.

If you can't make it for the weekend, come for Saturday. The panel presentations go on all day. Registration? \$15 (in advance – \$20 at the door) – we are self-supporting through our own contributions; registration pays for the meeting room.

If it turns out that you want what we have and are willing to go to at least some lengths to get it, you can join through your local H&I committee at any time. Ask at the conference how to contact your committee.

There is more information online at www.socalhandi.org. Come check us out! It might be the best thing you do for your sobriety this year! And it might get rid of some of those *buts*...

See you there!

— Joseph W

Chili Cook Off Planning on the H&I Front Burner



Inspired by flavors from south of the border.

Even though April is the month of the H&I Conference – April 7-9 – the H&I planning committee is already looking ahead to its next fundraising event – the always popular Chili Cook Off.

Mark your calendar as this year's cookoff will take place on September 23. Once again the Chili Cook Off will be held at Little Rec Park in Long Beach.

If you are interested in volunteering for this year's Chili Cook Off make a point of attending the first planning meeting. The session will occur at 7:00 pm on April 19 in advance of the monthly H&I business meeting at 5938 E Parkcrest Street in Long Beach.

You're Invited to the Party of the Year!

Your own sober birthday! Share it with your friends, family, home group and sponsor in *Harbor Light* with a birthday shout out donation by emailing us at: info@hacoaa.org.

In the subject line please write, "HACO Sober Birthday Party in Harbor Light" so we can be sure to mention your special day on this sober party page.

AA members may send \$1, \$5, \$10, \$20, or more for each year of sobriety to any or all of the following AA service entities: The Local Office; The District Office; The Area Assembly Office and; The General Service Office.

Each service component provides information and services to other alcoholics who may be dying and need AA life support. Your birthday donations continue to help the Harbor Area Central Office provide the following services to AA groups:

- AA 24 Hour Hotline
- AA Archives
- AA 12 Step Calls
- AA Literature—English & Spanish
- AA *Grapevine* Publications
- AA Updated Meeting Directories
- AA Speaker Information
- Harbor Light* Newsletter
- HACO Website
- Public Information/CPC Resources
- Harbor Area AA Sponsored Events

Mail Your Birthday Donations to:

Harbor Area Central Office,
3450 E. Spring Street, Suite 109,
Long Beach, CA 90806-2461

General Service Office,
PO Box 459, Grand Central Station,
New York, NY 10163

Contributions are limited to \$3,000 per member per year and are tax deductible under Internal Revenue §Code 501(3)©. Page 9—Self-Support Pamphlet.

EDITOR'S NOTE

FOR THE MAY, 2017 ISSUE WE ENCOURAGE SUBMISSIONS ON THE FOLLOWING TOPICS:

Memorial Day and Sobriety
Experience, Strength & Hope
AA Sponsored Events
GSRs, Group Conscience Speaks
AA Speaker Schedules
Gratitude Stories

Deadline: March, 10

harborlightchair@hacoaa.org

Wit and Wisdom

Words of recovery spoken in the rooms of
Harbor Area AA meetings.

It's that time to recount what was heard in the AA herd:

You are not the problem; alcoholism is the problem.

The Big Book is less ridged than some of our members.

When you take alcohol away from the alcoholic all you're left with is the ic.

We came, we came to, we came to believe.

If life were fair you'd be dead.

It's wonderful to have faith in God; but you must also have faith in yourself.

You're going to get what you want in what you do.

The struggles are your teacher.

My sponsor got me the Big Book on cassette tapes – I got sober before CDs.

It was scary being new in my own skin.

If you don't change, your sobriety date will.

Every single organism on the planet is struggling to survive – why should you be any different.

Follow directions because there's an answer behind it.

The day you realize that you are not in control is the beginning of real freedom.

There are plenty of excuses to drink, but no good reason.

If you laugh, you'll live a lot longer.

Meetings are the meds we take to stay sober today.

AA is the design for living when the going gets tough.

I traveled through some of the best gutters in Long Beach.

My God is wonderful, but my God is saying that I'm wonderful too.

This brings us to a close of the Wit and Wisdom as heard in the rooms of AA. May April flowers come your way.

— Kevin P

*Heard something clever, witty,
even profound at a meeting?*
Send it to: harborlightchair@hacoaa.org



HARBOR AREA SPEAKER MEETINGS

High on Life Sunday, 9:00am
835 E. 33rd St./Atlantic, Signal Hill

Sisters in Sobriety Women's Sunday, 2:00pm
835 E. 33rd St./Atlantic, Signal Hill

Signal Hill Speakers Sunday, 7:00pm
835 E. 33rd St., Long Beach

Paramount Speakers Sunday, 7:00pm
8021 E. Rosecrans Ave., Paramount

Carson Speakers Sunday, 7:00pm
23621 S. Main St., Carson

East Bay Group Sunday, 7:00pm
5550 E. Atherton St., Long Beach
April 2 - Dorothy - Carson, CA
April 9 - Brett B - Torrance, CA
April 16 - Gaye K - Culver City, CA
April 23 - Bruce K - Culver City, CA
April 30 - Eleanor C - Van Nuys, CA

Torrance Speakers Group Sunday, 7:30pm
1422 Engracia Ave., Torrance

Fireside Speakers Sunday, 8:00pm
641 S. Western Ave., Anaheim

Dirty Shirt Group Speakers Monday, 7:30pm
5881 Cherry Ave./E. South St., Long Beach

Bellflower Big Book Monday, 7:30pm
9603 Belmont St., Bellflower

Seal Beach Speakers Monday, 7:30pm
500 Marina Dr., Seal Beach

Speakers (Serenity Hall) Tuesday, 10:00am
12336 Penn St., Whittier

Depth & Weight Group Tuesday, 8:00pm
8021 Rosecrans Ave., Paramount

Arbor Road Speakers Tuesday, 8:00pm
5306 Arbor Road, Long Beach

Speakers (Whittier Art Gallery) Tuesday, 8:00pm
8035 S. Painter Ave, Whittier

Way of Life Speakers Wednesday, 8:00pm
835 E. 33rd St., Long Beach

12 Steps & 12 Traditions Thursday, 7:00pm
5950 E. Willow St., Long Beach

Palos Verdes Speakers Thursday, 7:30pm
2200 Via Rosa/Palos Verdes Blvd.

Big 10 Speakers Thursday, 7:30pm

835 E. 33rd St./Atlantic, Signal Hill
April 6 - Angela L - Long Beach, CA
April 13 - Tim R - Pacoima, CA
April 20 - Treehouse Dave - La Crescenta, CA
April 27 - Rosalee J - Long Beach, CA

Long Beach Speakers Thursday, 7:30pm
759 Linden /8th St., Long Beach

Lakewood Speakers Thursday, 8:00pm

5306 Arbor Road, Long Beach
April 6 - Julius Y
April 13 - Mark J
April 20 - Mary K
April 27 - Daniel C

Downey Thursday Night Thursday, 8:00pm

9813 Paramount Blvd., Paramount
April 6 - Candice M
April 13 - Jonathan V
April 20 - Pat O
April 27 - TBD

We're Making It Speakers Friday, 7:30pm
23621 S. Main St./Gulf Ave., Carson

La Palma Big Book Speakers Friday, 8:00pm
11600 Los Alamitos Blvd., Los Alamitos

Rule 62 Speakers (Thursdays) Saturday, 7:00pm

16865 Pacific Coast Hwy., Sunset Beach
April 1 - Paul W
April 8 - Dyanne G
April 15 - Roonie
April 22 - Nancy
April 29 - Butch

Sober on Seven Speakers Saturday, 7:30pm
3125 E. 7th St./Obispo, Long Beach

True Ambition Women's Saturday, 7:30pm
600 1/2 Redondo Ave., Long Beach

Whittier Speakers Saturday, 7:30pm
15215 Janine Dr./Colima Road, Whittier

New Friends (Little Company of Mary) Saturday, 7:30pm
1386 W. 7th St., San Pedro

South Bay Serenity Group Saturday, 7:30pm
3315 Lomita Blvd., 3rd Fl Med Center, Torrance

Sat. Night Live Open Book Speakers Saturday, 8:00pm
525 E. 7th St./Atlantic Ave., Long Beach

Weekenders Group Saturday, 8:00pm
9630 Mayne St., Bellflower

For a comprehensive Harbor Area meeting directory,
visit: www.hacoaa.org

To submit your speaker meeting schedule, email:
harborlightchair@hacoaa.org

Group Contributions

The General Service Conference of Alcoholics Anonymous suggests that groups support AA by sending excess funds to various service activities. There is no required breakdown of these contributions and each group should take a group conscience in making that decision. Many groups in the Harbor Area divide their contributions according to the percentages below. Also, consider making a personal donation during your birthday month in the dollar amount of years you have been sober.

60% to Harbor Area Central Office

3450 East Spring St., suite #109
Long Beach, CA 90806

30% to General Service Office

Box 459, Grand Central Station
New York, NY 10163

5% to Mid-South California Area 9

Box 5146
Irvine, CA 92619

5% to your Local District:

District 1
Box 10113
Torrance, CA 90505

District 2 — North of Carson

Box 8343
Long Beach, CA 90808

District 3

1840 So. Gaffey St., #251
San Pedro, CA 90731

District 4 — South of Carson

Box 9972
Long Beach, CA 90810

	Feb 17	Feb 16	Jan-Feb 17
435 Intergroup	50.00	0.00	50.00
5420 Group	50.00	0.00	50.00
Aloha Women's Group	0.00	0.00	197.32
Att Adj 7 AM Mon Marina Pacifica	127.84	0.00	127.84
Att Adj 7 AM Sun Marina Pacifica	555.35	0.00	555.35
Att Adj 7 AM Thu Marina Pacifica	0.00	110.00	0.00
Att Adj 7 AM Tue Marina Pacifica	257.35	0.00	257.35
Att Adj 645 am Lakewood	0.00	65.00	65.00
Bellflower Big Book Group	0.00	0.00	1,136.00
Belmont Heights Closed Women's	90.00	102.60	90.00
Big Book Study Los Alamitos 6pm	0.00	0.00	360.00
Book Study Wed MarPac	450.00	0.00	450.00
Carry The Message	0.00	0.00	189.00
Compton 401 Bullis Group	25.00	25.00	50.00
Conversations With a Drunk	0.00	400.00	0.00
Courage to Change	0.00	50.00	0.00
Cypress Women's Step Study	0.00	0.00	95.00
Dirty Shirt Group	60.00	0.00	120.00
Discussion, Saturday 1 PM	0.00	25.00	0.00
Downey 5th Street	0.00	25.00	0.00
Downey Beginners	0.00	120.00	0.00
Downey Tue Women's Home Group	120.00	0.00	120.00
Drunk Busters	50.00	0.00	50.00
Early Att Adj Sun IFH	50.00	0.00	50.00
Early Att Adj Thu IFH	100.00	0.00	100.00
Early Att Adj Sat Morning	75.00	0.00	75.00
East Bay Group	0.00	0.00	175.00
Friday Night Men's Stag	200.00	120.00	200.00
Friday Night Men's Stag Long Beach	200.00	0.00	400.00
Full Flight	0.00	0.00	60.00
Full Moon	40.00	0.00	40.00

	Feb 17	Feb 16	Jan - Feb 17
Girls Night Out	70.00	0.00	140.00
Group #000696740	0.00	0.00	60.00
Group #173054	0.00	161.86	0.00
Happy Hour Thurs MWA	0.00	50.00	0.00
Happy Hour Topic Discussion	0.00	0.00	180.00
Happy Ms Step Study MWA	0.00	100.00	0.00
High Hopes Norwalk	24.00	0.00	24.00
Indian Charlie Group	50.00	0.00	50.00
Invisible Spkr Mtg	75.00	0.00	75.00
Just The Steps	0.00	146.12	0.00
Living Sober LB	0.00	0.00	59.80
Lomita Wayfarers	0.00	25.00	25.00
Los Altos Group	0.00	0.00	25.00
Los Altos Open Door	0.00	100.00	0.00
Marina Pacifica Saturday Morning	0.00	232.52	0.00
Men's Banquet	664.64	0.00	664.64
Mike's Spiritual AA	0.00	50.00	0.00
New Millennium	30.00	0.00	30.00
Nomads Men's Stag	129.24	0.00	129.24
Now is All We Have	60.00	0.00	60.00
One Hour Men's Stag	120.00	0.00	120.00
Over 50 Group	0.00	0.00	90.00
Paramount Speakers	0.00	0.00	55.00
Rule 62 Daily Att Adj	0.00	300.00	300.00
Sanctuary Group	0.00	35.00	35.00
Saturday Night Sobriety Seekers	0.00	51.00	0.00
Seal Beach Men's Stag Wed	0.00	75.00	0.00

Group Contributions

Thank you to the 21 delegates who attended the March Harbor Area Service Committee Meeting

Continued from Previous Page

	Feb 17	Feb 16	Jan-Feb 17
Seniors 4 Sobriety	0.00	0.00	120.00
Sisters In Sobriety	0.00	0.00	30.00
Sober on the Sand	0.00	0.00	63.28
Staggers On Monday	0.00	42.44	50.00
Sun Spots	0.00	0.00	40.00
Sunday Sundowners	0.00	0.00	60.00
Thursday Night Big Book Study Los Alamito	0.00	0.00	50.00
Tuesday Night V.A.	100.00	100.00	100.00
Uppity Women	0.00	0.00	112.50
Watering Hole VA	0.00	0.00	50.00
We are not a glum lot	0.00	50.00	0.00
Wed Night Men's Stag	0.00	75.00	50.00
Wednesday Discussion	200.00	0.00	450.00
Wednesday Noon Step Study	0.00	0.00	110.10
Westside Early Risers	0.00	300.00	0.00
Willing to Grow	50.40	59.00	90.40
Winners Circle	0.00	80.00	0.00
Women Achieving Sobriety	50.00	0.00	50.00
TOTAL	4,123.82	3,075.54	8,611.82

- 10th Step Solution — Liz G
- 12 Steps & 12 Traditions — Ben L
- 5420 Group — Debbie W
- Bowling Green — Eric B
- Came to Believe — Matthew L
- Carry the Message — Rudy T
- East Bay — Bruce E
- Friday Night Participation — Regina J
- Harbor Area/South Bay — Julius Y
- Indian Charlie — Frank U
- Lakewood Speakers — Chris I
- Los Altos Open Door — Manuel J
- Over 50 Group — Mark M
- Seal Beach Speakers — Sarah E
- Signal Hill Speakers — Gilbert G
- Sober on the Sand — John S
- There is a Way — Ron T
- Under the Bridge — Carlina W
- Uppity Women's Group — Tamra V
- Wednesday Discussion — Brad S
- Weekenders — Ann T



Harbor Area Service Board Minutes for February 1, 2017

The meeting was called to order with the Serenity Prayer at 6:05 pm by Jamie C, followed by opening remarks.

Board Members Present

Chair 1: Jamie C; Chair 2: Mark J; Chair 3 Ben L; Chair 4: Jackie P; Chair 5 Mary M.

Secretary's Report

Rosa P, secretary, read the minutes from the January 2017 meeting. The minutes were accepted as read, on a motion made by Mary M, and seconded by Mark J. Motion passed 5-0.

Chair 1 Report

Jamie C, reported that all positions are filled and gave a warm welcome to Tim R as the new Action and Responsibility Chair.

Treasurer's Report

Ralph M read the January 2017 Income Statement. He then read the Literature Report for January 2017.

Central Office Reports

Deborah M read the **HACO** services provided for the month of January 2017:

In-house phones		Harbor Light		After-hours phones	
Fellowship calls	110	Paid copies mailed	207	Total calls	
Newcomer	55	Exchange copies mailed	37	Persons reporting	
Out of town	0	Expired copies mailed	21	Central Office Receipts	
12 th Step	0	Total mailed	207	Contributions	\$4,786
Other	62	Total printed	217	Literature	\$2,761
Total in-house calls	227	Subscriptions emailed	20	Website visits	3,924

*73 expired subscriptions of *Harbor Light* mailed

Volunteer Assembling of the February issue of *Harbor Light* is scheduled for Saturday, February 25, 2017 at 9:00 am in Central Office. Call ahead to confirm.

Committee Reports

Program Chair

Liz G, absent. Jamie C reported that the planning committee meetings have been scheduled on Saturdays from 1:00 pm to 1:30 pm at HACO. Bingo Night will be March 18, 2017 at Neighborhood Church at 7pm. Tickets are \$10. Prizes are being gathered, baskets need to be in by March 1st, 2017. Refreshments will be available, free coffee, snacks, etc. Goal of 250 people to attend the event.

Public Information

Amethyst J, absent.

H & I

Ron T, reported, "Ron T here from Harbor H&I. All is well with H&I. Our Intergroup meeting and our Policy Council meeting on January 22nd both went well. We are still on target to spend approximately \$1,000 per month on literature through the end of the year. Our Southern Calif H&I Conference is on track for April 7th through 9th. T-shirts are out for sale at \$20 each. Revo has them all in his car's trunk. \$500 raffle tickets are out at one dollar per chance. Winner need not be present BUT must be at least 18 years old. No buying tickets for your grand kids. I plan to be at the Service Committee meeting on February 8th. Thanks so much."

12 Step (In Office)

Dan H, reported having issues with filling the spot on Saturdays from 3pm to 5pm. Dan H needs support finding volunteers. Please contact him if you are interested in being of service.

Action and Responsibility

Tim R, introduced himself to the board and asked about the action and responsibility job description and expectation for the

Continued on Next Page

Harbor Area Service Board Committee Reports from February 2017 Meeting

Continued from Previous Page...

position. All board members elaborated on the job description and ways he can find support.

Archives

Mark J reported the archives will be enhanced on the website. Monthly mailing will be going out in a week. Mark J will be adding more speakers to the archives.

Phones (After Hours)

Carlina W, Absent.

Harbor Light

Mark B reported that his committee is focusing on gathering articles on current and upcoming events. Bingo Night is being featured in the March issue as well as other articles of upcoming events. The KISSAR roundup on March 10th will also be announced in the March issue as well as on the HACO website. Mark B is currently working on increasing subscriptions to the *Harbor Light* by attending other meetings and spreading the word.

Website

Matthew L, absent. Jamie C, reported that the new HACO website is set to launch on Valentine's Day.

Old Business

No old business.

New Business

No new business.

Mary M, made a motion to adjourn, Jackie P seconded. The meeting was adjourned with the Serenity Prayer at 7:07 pm.

Respectfully submitted, Rosa P, HASB Secretary

Your Donation Helps A Suffering Alcoholic

There are more than 650 meetings listed in the Harbor Area AA Meeting Directory – only 25 percent of those meetings contribute to the Central Office.

Give a little extra to show your support and gratitude for your sobriety.

You can donate any amount – one dollar for each year of your sobriety; one dollar for each year that your home group has been in existence; \$3.65, one penny a day for the past year, or if you can afford it, \$36.50 – one dime a day.

The amount you contribute can be anything! Every penny counts! Spread the word! The sober life you save may be yours!

Mail your contributions to:

Harbor Area Central Office
3450 E. Spring St., #109
Long Beach, CA 90806

General Service Office
PO Box 459
New York, NY 10163

Southern California Area 05
PO Box 481193
Los Angeles, CA 90048

Mid Southern California Area 09
PO Box 51446
Irvine, CA 92619-1446

District 4
P.O. Box 9972
Long Beach, CA 90810



Harbor Area Service Committee Minutes for February 8, 2017

The meeting was called to order by Mary M, at 7:30pm followed by the Serenity Prayer. HASC meeting announcements and rules were announced.

The 12 Traditions were read by Carlina W.

There were 2 new delegates: Tammy V, Uppity Women, and Rudy T, Carry the Message.

Julius Y reported that 19 delegates were present, and 17 were needed for a quorum.

Secretary's Report

Rosa P, secretary, read the minutes of the January 11, 2017 meeting. The meeting minutes were accepted with corrections on a motion made by Brad S and seconded by Chris A Motion passed 16-0.

Treasurer's Report

Ralph M read the January Income Statement for January 2017. Debbie W made a motion to approve the statement, seconded by Alan O. Motion passed 16-0. He then read the literature report for January 2017.

Chair 1 Report

Jamie C, absent. Sue W read the HACO services provided for the month of January 2017:

In-house phones		Harbor Light		After-hours phones	
Fellowship calls	110	Paid copies mailed	207	Total calls	
Newcomer	55	Exchange copies mailed	37	Persons reporting	
Out of town	0	Expired copies mailed	21	Central Office Receipts	
12 th Step	0	Total mailed	207	Contributions	\$4,786
Other	62	Total printed	217	Literature	\$2,761
Total in-house calls	227	Subscriptions emailed	20	Website visits	3,924

*73 expired subscriptions of *Harbor Light* were mailed.

Volunteer Assembling of the February issue of *Harbor Light* is scheduled for Saturday, February 25, 2017 at 9:00 am in Central Office. Call ahead to confirm.

Committee Reports

Public Information

Amethyst J, absent. Ben L reported that she is resigning from her position.

Program Chair

Liz G, absent. Mary M reported that Bingo Night will be held at Neighborhood Church in Bellflower March 18, 2017 from 7:00 pm to 9:30 pm. Tickets are available at HACO for \$10 each and your service representatives. The committee needs baskets from meetings to be used as prizes for the event. The program committee meets on Saturdays from 1:00 pm - 1:30 pm at HACO. Upcoming dates are: February 11, February 25, and March 11, 2017.

H&I

Ron T, absent. The last approved treasurer's report is attached to the agenda packet.

In Office/Twelve Step

Dan H, reported he needs this Saturday, February 11th, filled between 12 pm - 3 pm. He is also looking for someone to fill every Saturday from 3 pm - 5 pm.

Action & Responsibility

Tim R reported that he has reached out to Gil G to gather more information about his job responsibilities. He also stated that he has visited a few meetings to see if they have delegates and to see if they are making donations.

Continued on Next Page

Harbor Area Service Committee Minutes from February 2017

Continued from Previous Page...

Archives

Mark J reported that five new speakers would be added and enhancements have been made to the website.

Phones (After Hours)

Carlina W reported there are two shifts open; the 1st Sunday of the month from 9 am - 6 pm and the 1st Monday of the month from 6 pm - 9 am. There are no special requirements for these positions.

Harbor Light

Mark B reported that he is focusing on current events and upcoming events and Ben L is putting up a blurb on KISSAR for the March issue. Mark B, stated they are collecting subscriptions for Harbor Light, \$10 for the entire year.

Website Committee

Matthew L reported that the new website is better and faster to manage. Google search is showing that the site has a 5-star rating. Matthew reported the toll-free number as voted on in 2016 is not active: (844) 362-8312. Matthew L then stated that the Paypal account transfers are free if drawn from a bank, credit cards have a fee, nonprofits have a reduced fee for usage. He is currently working with Luis L and gathering Spanish translations for a Spanish website.

District 2

Chris I reported that he missed this past meeting. There is a flyer and it is being circulated and encouraging people to attend the meetings being held. They are also going over expenditures for PRASSA.

District 4

Gilbert G, absent. Julius Y reported that he lead the meeting at district 4 and 30 people were in attendance. The group discussed what happened in the area with delegates.

Area 9

Tanya D, absent. Julius Y mentioned that our delegate, Joe C went to New York to sit on the General Service Board reading of the pre-conference agenda. He also mentioned that they are making changes to the communication guidelines and GAP guidelines. They also finalized the budget for the area.

HASBYPAA

Joffrey M, absent. Julius Y reported that they have a flyer for their upcoming event on February 25, 2017. The event is focused on Steps 8-12. The theme of the event is Mexican. They are currently creating a semi-public phone list to spread the word about YPAA. Young people in AA are encouraged to attend upcoming HASBYPAA events and meetings.

Old Business

Matthew L reported that Paypal can be added as a link on the website and can include a donation link. The fees are listed on his report. Since we are a nonprofit, the fees are reduced (2.2% + \$0.30 per transaction). Concerns discussed with non-alcoholics making donation and security issues. Ralph M is researching how security with the Paypal account will work with our bank account. Ron S made a motion for a Paypal account to be created, seconded by Alan O. Discussion held. Motion passed 17-0

New Business

Archive links – Matthew L explained new system to convert his PDF files.
Spanish Website – Matthew L will be plugging in translations for a Spanish website.

Mary M read the job description for the Public Information position. No volunteers to take the position. Delegates were instructed to reach out to their groups for volunteers.

Mary M reported she updated the By-laws and they are available for all delegates. She also noted that they were emailed to the delegates, but if printed copies are needed, to stop by Central Office.

Mary M reviewed Chair 5 job description, indicating that she is the liaison between the Harbor Area Service Committee and the Board. Any delegates needing clarification on by-laws, reports, job descriptions, meeting concerns, etc. can be referred to her. She has also offered to attend the HASC meeting early if anyone wants to review job descriptions or by-laws.

Ron S made a motion to adjourn the meeting, seconded by Dan H. Meeting was adjourned at 8:33 pm

Respectfully submitted, Rosa P, HASC Secretary.



Harbor Area Central Office Income Statement

	Feb 17	Feb 16	Jan-Feb 17
Income			
Contribution			
Group Contributions	4,124	3,076	8,612
Personal Contributions	50	850	105
Birthday Contributions		28	165
HASC Receipts	41	45	88
Bulletin Contributions	261	81	293
Total Contribution	4,476	4,080	9,263
Literature Sales	3,399	4,154	7,444
Event Income			375
Other Income/Interest	1	2	3
Total Income	7,876	8,236	17,085
Cost of Goods Sold			
Cost of Goods Sold	1	2	12
Cost of Literature	2,389	3,100	5,151
Inventory Adjustment	(14)	(81)	(14)
Credit Card Fees	55	38	110
Total COGS	2,431	3,059	5,259
Gross Profit	5,445	5,177	11,826
Expense			
Bookkeeping	45		135
Copy Plan (Xerox)	277	217	522
Less Directory & HL copies	(90)	(185)	(254)
Depreciation Expense		42	
Harbor Light	59	28	119
Insurance - General	125	107	251
Insurance - Workers' Comp	78	31	155
Payroll	3,783	3,658	7,958
Postage	25		25
Rent	1,285	1,264	2,570
Rent - HASC	65	65	130
Rent - Storage	60		120
Security System	20	20	40
Shipping Charges			15
Supplies	175	165	118
Telephone/Internet		270	142
Utilities - Water	44	53	88
Total Expense	5,951	5,735	12,134
Net Ordinary Income	(506)	(558)	(308)
Donations			
Total Other Expense			
Net Other Income			
Net Income	(506)	(558)	(308)

AA Event Calendar

Harbor Area Service Board

April 5, 2017 at 6:00 pm
3450 E. Spring St., Suite 109,
Long Beach, CA

General Service — District 4

April 5, 2017 at 7:00 pm
(new GSR Orientation at 6:30 pm)
1900 E Carson St.,
Long Beach, CA

36th Annual H&I Conference

"A Pathway to Service"
April 7-9, 2017
La Mirada Holiday Inn
14299 Firestone Boulevard
La Mirada, CA 90638
www.socalhandi.org

Harbor Area Service Committee

April 12, 2017 at 7:30 pm
(Newcomer Orientation at 7:00 pm)
1900 E. Carson St.,
Long Beach, CA

32nd Annual OCAAC Convention

April 14-16, 2017
Orange, CA
www.oaac.org

Harbor Area H&I Service Committee

April 19, 2017 at 8:00 pm
5938 E Parkcrest St.,
Long Beach, CA

Safety and AA Workshop

District 4 Mid-South California Area
April 22, 2017 2:00-5:00 pm
835 E 33rd Street
Signal Hill, CA

Founders' Day

82nd Anniversary of Alcoholics Anonymous
June 9-11, 2017
Akron, OH
www.akronaa.org

Harbor Area Hospitals and Institutions Minutes for February 15, 2017

Announcements

Many thanks to Gary for coffee and to those who helped set up. Ron T led the meeting due to Johnny's family emergency. Herb read the Twelve Traditions. The January minutes were approved with no corrections. George ran the 50/50 raffle.

Newcomers

There were five newcomers tonight. We will have names and phone numbers available next month.

Birthdays

There were four birthdays for the month of February: Maria with one year, Steve with five years, Herb with seven years and Damian with twenty-five years for a grand total of 38 years. We all sang Happy Birthday.

Treasurers Report

Ron T gave a detailed treasurers report. In our General Fund, we have \$6,078.11. We have \$11,990.76 available for literature in our Literature Fund.

Information Meetings

Miles E explained how information meetings work and how you can schedule an information meeting at your speaker meeting.

Literature Report

Ron T, speaking for Vern, gave a detailed Literature report and explained how to order literature and how to pick it up. We spent \$1,179.19 on Literature this month.

Intergroup Report

The last Intergroup meeting was held Sunday, January 22nd, in Long Beach and hosted by Harbor H&I. General Fund is \$1,700.84. Literature Fund is \$2,349.63 for a combined total of \$4,050.47. The 2017 Conference will be held in La Mirada at the Holiday Inn on April 7th through April 9th 2017. Flyers are out now. The last planning meeting will be Sunday, April 2nd, at 11am at the hotel. \$500 raffle tickets are now out for \$1.00 a chance. Winner need not be present. T-shirts are out at \$20 each. The next Intergroup meeting will be on Sunday, February 26th, in Covina and hosted by Inter Valley H&I Committee. Lunch will be at 11am. The business meeting starts at 12pm. All are welcome.

Service Committee

The last Service Committee was held on February 8th. There were 17 delegates in attendance. A quorum is 12 and was had. Harbor Area Central Office finished January with a net income of \$246. Central Office is still in good shape. In Office/Twelve Step Chair Dan says we have slots open on Saturdays from 3pm to 5pm. Liz G said Bingo is set for March 18th. Planning meetings are Saturdays at 1pm at Central Office. *Harbor Light* is in still in need of new subscriptions to keep our USPS Bulk Rate. This month we mailed out 21 Comp subscriptions to avoid paying the much higher First Class rate. Mark B is in need of articles for the *Harbor Light*. After Hours phones have two slots

open. They are the first Sunday from 9am-6pm and the first Monday from 6pm to 9pm. Call Central Office. Matthew gave us a great preview of the new website. Assembling of the March 2017 *Harbor Light* is scheduled for Saturday, February 25th, at 9am at Central Office. All are welcome.

Area Assembly

Revo says all is well. Conference T-Shirts are out and for sale at \$20.00.

Policy Council

Tom A has agreed to be our 2017 Policy Chair. During our Policy meeting on January 22nd we agreed to not have Scandia Guest Lodge as a panel because Scandia does not meet our guidelines. We agreed to have Area Supervisors 3, 5 and 6 replaced as per our guidelines. Budget Chair will be Ron T.

Chili Cookoff

Ron T said the Chili Cook Off will be September 23rd at our same location in Little Rec Park. He will pay the fee and deposit on March 1st. Our first planning meeting will be at 7pm on April 19th before our regular H&I business meeting.

Spanish Language

None

Panels

Panels were filled and no dark nights were noted.

Old Business

None

New Business

Motions were made and approved for books.

Maria T replaced Area Supervisor 3. Manuel M replaced Area Supervisor 5. Graham C replaced Area Supervisor 6. Vicki became the new cake provider.

Julius from HASBYPAA requested a letter from H&I for their convention. Ron T said he would provide one.

Ruben won the 50/50 raffle and picked up \$40.50. The meeting ended at 8:50pm.

Our next meeting will be Wednesday, March 15th, at the American Legion Hall 5938 East Parkcrest Street, Long Beach, CA 90808. Newcomer orientation will be at 7:30pm. Our business meeting will be at 8:00pm.

Respectfully submitted by Ron T.

Harbor Light

3450 E. Spring St., Ste. 109
Long Beach, CA 90806-2461

April 2017

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Snail Mail email

Clip this form and mail check for \$10.00 to:

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