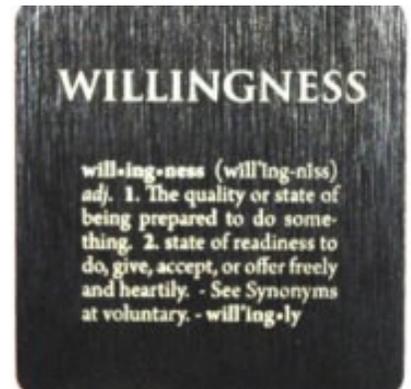


# Entirely Ready...

**JUNE 2016**

*"Were entirely ready to have God remove all these defects of character."*

I often hear people in the Fellowship say, "It's hard to discuss Step 6 because it is only one paragraph in the Big Book of Alcoholics Anonymous." For me, Step 6 is a process that began at Step 1 when I was able to fully concede to my innermost self that I was powerless over alcohol and that my life had become unmanageable. Once I completed Step 5, I went back to the first five proposals, starting with Step 1, to ensure I had been thorough. The reason I believe Step 6 is a process is because I have to learn about my defects before I can become willing to ask God to remove them. I have to learn how my life is unmanageable. I have to look at the insanity of the drinking and what causes the drinking-the spiritual malady which, for me, is the agent of my alcoholism. I had to be willing to believe a Power greater than myself could solve my problem. Then I look at what causes the spiritual malady: my selfish and self-centeredness. If these are the root of my troubles, then what are they planted in? The soil of fear because I'm living in ego consciousness. I'm trying to play God with or without the drink and I take a look at that in Step 3. God is in all of us but all of us are not in God and that's where we suffer. I see the "self" is going to kill me. I look at the "self" in Steps 4, 5 and 6. I learned about resentments in Step 4 and that process holds the key to my future. I learned about the ego in a way I had never seen before. I found that it is the lack of understanding that causes suffering. Things started changing because I started to develop understanding, and with understanding comes compassion and with compassion comes forgiveness and with the power of forgiveness I can experience the Divine. Awareness is like the sun; when it shines on things like a flower, it becomes transformed. Without the Sunlight of the Spirit, or awareness, nothing is going to change. That's what I was able to see in Step 4 and then talk about it in Step 5. My sponsor helped me in Step 5 to have a deeper understanding of my "self" so by the time I get to Step 6, I'm willing because I don't want to be the same guy I've been - a tornado that causes a lot of problems. On page 456 in the 4th Edition in the story "Safe Haven", it says, "I have found that the process of discovering who I really am begins with knowing who I really don't want to be." I become entirely ready for Step 6 by following the first 5 steps.



To begin Step 6, I followed my sponsor's direction by first looking up the words "defect" and "character"

Continued on Next Page

Harbor Area Central Office  
3450 E. Spring St, Ste 109 Long Beach, CA 90806 \*(562) 989-7697 \* [www.hacooa.org](http://www.hacooa.org) \* [info@hacooa.org](mailto:info@hacooa.org)

and then looking up the definition of each of the 7 deadly sins (or 7 evil thoughts). I needed to see how they are a part of my life. After that, I was told to change the focus of my "Set Aside Prayer" to help me see the truth about my character defects and have the willingness to have them removed. I had to read the first paragraph on page 76 in the Big Book and make a list of my character defects from my inventory and distill them down to my core defects categorized by the 7 deadly sins. After I have distilled them, I was told to consider 1 deadly sin per day (example: on Friday look at anger, on Saturday look at lust, on Sunday look at sloth, etc.). I was also told to consider the benefits of the defect in addition to the detriments as I went through my day. At the end of the day, in prayer, I had to test whether I am convinced this is something I wanted to hold onto or let go of. After the 7 days of consideration, I prayed with my list to determine if I was willing to have each of them removed. I had to consider the following: Am I willing to have the defects removed? Can God remove them all? Will God remove them all? Am I willing to have God remove them (Defects? Beliefs? Attitudes? Behavior?)?

To take Step 6, I had to have the willingness to be entirely ready to have God remove my defects. That willingness came from working Step 1-5. Once I saw the futility of my drinking in addition to the problems my defects of character caused the people I loved, the people I interacted with and myself, I was entirely ready to have God take them. People say "willingness" is the principle behind Step 6. Willingness without action is just a fantasy. I was ready for action in Step 7 and become a free man.

Member of The Great Reality Group

San Pedro, CA

Happy Fathers Day



**You're Invited to the Party of the Year!!!** Your own sober birthday! Share it with your friends, family, home group and sponsor right here with a birthday shout out donation to [info@hacoaa.org](mailto:info@hacoaa.org). In the subject line please write "**Central Office Sober Birthday Party in Print**" so we can be sure to mention your special day on this sober party page. A.A. members may send \$1, \$2, \$3, \$5, \$10, \$20, \$30, \$40 or more for each year of sobriety to any or all of the following A.A. service entities: (1) The Local Office, (2) The District Office, (3) The Area Assembly Office and (4) The General Service Office. Each service component provides information and services to other alcoholics who may be dying and need A.A. life support. Your birthday donations continue to help the Harbor Area Central office provide the following services to A.A. groups:

- A.A. 24 Hour Hotline
- A.A. Archives
- A.A. 12 Step Calls
- A.A. Literature—English & Spanish
- A.A. Grapevine Publications
- A.A. Updated Meeting Directories
- A.A. Speaker Information
- Harbor Light Sobriety Newsletter
- Website•Public Information/CPC Resources
- Harbor Area A.A. Sponsored Events



**Mail Your Birthday Donations**

Harbor Area Central Office, 3450 E. Spring Street, Suite 109, Long Beach, CA 90806-2461

General Service Office, PO Box 459, Grand Central Station, New York, NY 10163

Contributions are limited to \$3,000 per member per year and are tax deductible under Internal Revenue §Code 501 (3)  
©. Page 9—Self-Support Pamphlet.

**Birthday Contributions, Month Of April**



**Marcos S.—\$40**

# TRADITION 6

*An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."*

About six months after I got sober, I can remember thinking that I'd found the solution to the world's problems right here in Alcoholics Anonymous. I could hardly wait to 'carry the message' and probably alarmed any number of people with my newly-kindled enthusiasm for the principles of the program. I imagined a day when our children's children would look back on Alcoholics Anonymous as a prime agent in the creation of a gentler, kinder world. While I would still argue that we are partners in one of the most significant social movements of the modern era, I no longer imagine A.A. branding as an integral part of general social reform. It took me a while to get this, but after digesting the contents of the 12 & 12 - distilled from the hard-won experience of early A.A.s - I began to get a feel for how our Traditions help preserve and perpetuate the Fellowship by clearly defining our organizational character.

Tradition Six reminds us of the ever-present need to maintain separation between the spiritual foundation of our Fellowship and material concerns. As stated in Tradition Five, our primary purpose is to carry our message "to the alcoholic who still suffers." Simple conversation - one alcoholic talking to another and sharing our experience, strength and hope - is the core of AA practice. This approach effectively minimizes our fiscal liability. It doesn't cost us much to pay weekly rent on a space to gather or to provide literature and refreshments at our meetings. At every level of our organizational structure, Alcoholics Anonymous makes a conspicuous effort to drastically curtail its accumulation of tangible assets, reserving only enough monies to ensure the continued operation of its basic services. A.A. is structured in such a way that it will forever operate on the margin. While money wasn't much of an issue for early A.A., the growth of the Fellowship inevitably brought with it financial concerns. It was soon discovered that too much was just as problematic as not enough where money was concerned.

Similarly, the prohibition on property ownership by A.A. groups or A.A. as a whole derives from an acute awareness of how often the management of such real assets creates collective and individual strife in other organizations, notably churches and voluntary associations. While the long form of Tradition Six notes the potential utility of clubs for alcoholics, a need for organizational separation is clearly set forth. In *A.A. Guidelines: Relationship between AA and Clubs*, A.A. General Services spells out the need for separate incorporation and management of such facilities and provides detailed policy statements on membership, fund-raising and relations with A.A. groups.

The A.A. policy of non-affiliation with other organizations dates back to the late 1930s when New York and Akron A.A. groups opted to sever their ties to the Oxford Group. In *Alcoholics Anonymous Comes of Age*, Bill W. cites the Oxford Group's policies of "rather aggressive evangelism" and their practice of seeking prestige through publicity given to prominent members as among the key reasons for A.A.'s decision to withdraw and dissociate itself from that movement. In an interesting historical aside, this act of disaffiliation eased the Catholic Church's concerns over what they saw as an unacceptable institutional association between Alcoholics Anonymous and the unabashedly Protestant Oxford groups. Following A.A.'s decision to shed its ties, opposition within the Church hierarchy seemed to melt away and Roman Catholic membership in A.A. began to increase dramatically.

The emergence, in the 1950s, of the 'Minnesota model' for the treatment of alcoholism and other addictive disorders immediately began to pose serious issues for the Fellowship. "12-Step based" treatment centers began to pop up everywhere like mushrooms after a spring rain. Many of these today incorporate 'in-house' 12-Step meetings into their rehabilitative programming. Frequently, treatment center therapists and counselors are themselves A.A. members. Because of the undeniable similarities between this treatment modality and the program of Alcoholics Anonymous, the uninitiated may tend to presume that an affiliation exists when, in fact, it does not. I made my way into Alcoholics Anonymous through one such residential treatment center. We attended an outside meeting once a week which, although it was listed in the local A.A. directory, was attended mostly by treatment facility clients. The secretary always opened the sharing with a disclaimer to the effect that this was not a 'treatment center' meeting but rather an A.A. meeting, asking that participants restrict their sharing to their experiences with alcohol. Eventually, I understood that this was done in order to comply with the dictates of Tradition Six. The Fellowship remains true to its commitment to non-affiliation with hospitals and treatment facilities in spite of any lay perceptions to the contrary.

The solution that Alcoholics Anonymous offers to its members is fundamentally spiritual in nature. Many of us come through the doors of AA with our lives in complete disarray, bankrupt in every sense of the word. In time, some of us are able to regain a measure of material success, but this is a consequence of working the program, not its primary purpose. As long as we stay within our remit, our chances of survival both individually and as an organization are greatly increased. As Dr. Bob said, "Let's keep it simple."

Mark J.  
Long Beach, CA



# Concept VI

*“On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.”*

Thank God for Alcoholics Anonymous. I have found God in the dynamic, seamless and integrative fashion in which our personal experiences, steps, traditions, and concepts function to serve the individual, the group, and the World Service structure at large. Bill W. wrote in *A.A. Comes of Age* that the traditions have practical application in our own personal sobriety. I have found this to be true not only with respect to our traditions, but also our concepts for World Service. Experiencing the interconnectedness of all the elements of A.A. has provided the necessary ingredients to catalyze my own continued personal and spiritual growth.

Concept VI is no exception. In reviewing the principles elucidated through this spiritual concept, I was reminded of my personal experiences with all of our principles. This concept states that Trustees are responsible for providing leadership and have the final decision in all matters effecting A.A.W.S., The Grapevine, our public relations, the guarding of our 12 Traditions, the standing committees and matters of general policy and finance. In reviewing the substantial weight of this responsibility, I am reminded of my own personal responsibility for carrying the A.A. message and practicing these principles in all of my affairs. The great reality for me is that it is only through striving towards deeper personal relationship with God combined with my own willingness to depend entirely upon Him, that I am able to tap into God’s power and realize the practice of these principles in my life. At times God calls me to lead and make decisions in alignment with these principles, and effectively God has entrusted our Trustees in the practicing of our principles with respect to the maintenance of our World Affairs. Embracing our second Tradition, that God is the ultimate authority,

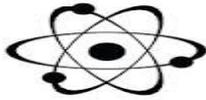
our Trustees can rely upon the consciousness of our fellowship as well as their own personal relationships with God in order to match the weight of these responsibilities with God’s power. Similarly, in my own life I strive to match my own powerlessness with the decision to turn my will and life over to the care of God in all of my affairs.

A.A. members elect Trustees into a position of great responsibility, and along with it equal authority to act freely on behalf of A.A. This freedom of action is analogous to my own personal relationship with God, in that my authority to act freely is guided by the consequences that reveal themselves in my self-will. Similarly, the Trustees have great authority to act freely, but this is guarded by the ultimate authority that belongs to the fellowship of A.A. made up of its individual members. I have been able to grow towards greater practice of these principles through the learnings that God has revealed in my comprehensive experiences. This runs parallel to our Trustee’s ability to learn and rely upon the wealth of experiences that have guided and shaped A.A. as a whole to include those experiences that are behind the Steps, Traditions, and Concepts. In this way, God is present within all of these experiences which function to guide the individual, the groups, our trusted servants and the activities of our World Services Office.

Within Concept VI, Bill writes, “Of course our objective is always a spiritual one,” and I am moved to see the spirituality and spiritual growth that can result from integrating this concept into my daily life. Earlier this year on January 11, I gave birth to my stillborn daughter, Kyng Williams. Today, I know that my relationship with God, my personal experiences, the A.A. principles and the “business structure” that have become a working part of my mind have carried me through this painful time. In the business structure of A.A., I have learned that God must be the ultimate authority in my life and that there are times when decisions are made that I may not understand, but that I have to trust are for the best. I have learned this through trusting our trusted servants to include our Trustees, especially at times when I disa-

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# THERMODYNAMICS



When I came into A.A., I was bankrupt in every department. As I began to work the steps, my first big challenge was to find a power greater than myself that could solve my problems. What an order for a guy who they describe in step two in the 12x12 as the one who had tried religion and found it wanting. I could see the examples of people around me that seemed to have it figured out and I became a nuisance trying to corner them to get them to explain to me how they do it and they had as much trouble explaining it as I did. One day I confronted my friend, Jim, and asked him to let me in on the secret. Frustrated, he asked, "Do you want to drink right now?" My answer was "NO." He then asked me, "Did you want to drink a year ago?" To that, I answered, "YES." Next he asked me, "What made the difference?" My answer was that I was influenced by the A.A. program. His next question was, "Do you have any problem calling that God? Wow! What a concept.

I have never wanted a drink since I entered the program and the only answer I could come up with was the influence of A.A. in my life. For a guy who couldn't conceive of a day without alcohol to a guy that has never wanted a drink since was all I needed to know about God. I wish I could tell you who or what God is, but I can't. I can, however tell you what God does for me, but I'll get to that later.

The second appendix in the Big Book, *Spiritual Experience* implies that there are many examples of spiritual experiences that come in different forms. They can be of the burning bush variety or a psychic change sufficient to bring about recovery from alcoholism. I like to believe that my spiritual experience came in the form of "a profound change of perception." When it occurred to me that all of my thinking was flawed and that I was finally in an environment where I could, with the help of the group start to follow simple, unselfish guidelines that would restore my self esteem and put me at peace with myself and others. I started this wonderful journey and I've never had it so good. These universal truths are common in all philosophies and I must seek them out if I want to heal.

I pray to God every day, even though I don't know who or what God is. My mind is not sophisticated enough to understand God and I'm not sure that God hears my prayers, but **I hear my prayers**. That, I believe puts me in the best possible attitude I can have about the issue I pray for. My prayers are always the same. I pray for knowledge of his will for me and the strength to carry it out: God, please show me what to do and give me the strength to do it. I don't do to well on my own. I often knew what to do, but wasn't always strong enough to do what was right. Today, I'm stronger.

Who or what is God? I'm not sure anyone can define God. As a friend of mine explained, "You don't have to understand thermodynamics to enjoy the warmth of the sun." I do, however, know what God does. When I ask for guidance, I become a better receiver and I hear the answers that used to pass right over my head when I thought I had all the answers. Thank God for an open mind.

Rick R.

Concept VI continued  
 greed or did not like the decisions they have made. I was able to trust because I know that God is at work in the consciousness of A.A. and our personal lives, and that ultimately He works all things towards good. The principle of unity and the A.A. movement have fastened a wide and deep support system around my husband and myself. The Trustees are called to lead our world affairs in a similar fashion, surrounding those still suffering alcoholics with the necessary support of A.A.'s resources. This personal experience was given to me in order to be able to share with others that they may see God's glory in all things, just as our Trustees must see God in all of our A.A. affairs. In my relationship with God throughout this experience, I have learned more about grace, compassion, and service. The most important lesson that I learned was about the love that God has for us, which I now understand better as a result of the love I experience for my own child. Throughout this experience, it has been essential that I rely upon seeing the objective as a spiritual one, just as the Trustees are called to see the spiritual objective in all of their work. These are individuals that love A.A. so much that they make a full time job of serving A.A. as if it were their own child, and they do it all for fun and for free.

Concept VI has allowed me in the midst of tragedy, to find God to be the Director, the Principle, and the Father. We are God's agents and His children, and we have been given an opportunity to serve A.A. out of the tragedy of our former lives. It is our responsibility, out of our sense of gratitude, to serve God, A.A., and the people about us using our right of participation, our right of decision, and our authority to give back to society and bring glory to God. That is the same responsibility that is delegated to our Trustees and we give them the proper authority to act in the best interest of A.A. as a whole. It is our responsibility to trust our Trustees and to trust God that through our own participation in General Service the unity of A.A. will continue to carry us all through a life that we are blessed to have a second chance to live.



# Daily Reflections

"I don't think we can do anything very well in this world unless we practice it. And I don't believe we do A.A. too well unless we practice it. . . . We should practice . . . acquiring the spirit of service. We should attempt to acquire some faith, which isn't easily done, especially for the person who has always been very materialistic, following the standards of society today. But I think faith can be acquired; it can be acquired slowly; it has to be cultivated. That was not easy for me, and I assume that it is difficult for everyone else. . . ." — Dr. Bob and the Good Oldtimers, pg. 307-08

"Material security is a hollow shelter if built at the expense of spiritual growth." — Grapevine, July 1968

"What a gift it is for me to realize that all those seemingly useless years were not wasted. The most degrading and humiliating experiences turn out to be the most powerful tools in helping others to recover. In knowing the depths of shame and despair, I can reach out with a loving and compassionate hand, and know that the grace of God is available to me." — Daily Reflections, January 28 reading

"In ruing yesterday or dreaming of tomorrow, we fritter away the most precious thing we have—today." — Grapevine, June 2007

"While drinking I seemed to vacillate between feeling totally invisible and believing I was the center of the universe. Searching for that elusive balance between the two has become a major part of my recovery. The moon I constantly cried for is, in sobriety, rarely full; it shows me instead its many other phases, and there are lessons in them all. True learning has often followed an eclipse, a time of darkness, but with each cycle of my recovery, the light grows stronger and my vision is clearer." — Daily Reflections, April 4 reading

"When I struggle, I sink. When I let go, I float." — Grapevine, May 2004

## Wit and Wisdom

Words of recovery spoken in the rooms of Harbor Area AA meetings. By Kevin P.

Alcohol made me the man I never wanted to be.

Alcohol is the girlfriend from hell!

If you love everyone in AA, you haven't been to enough meetings.

Beer and AA don't mix.

Today, my recovery is stronger than the disease.

Do at least one nice thing for yourself every day.

My only problem with drinking was my wife - she had a problem with it.

My problem was fast women and sloe gin.

You don't ever have to drink again.

We say you have to have a Higher Power, but you still need to do the work.

Alcohol gave me wings, then it took away the sky.

I learned to love me for myself; not for the way I wanted to be.

I never liked the way I would feel, and alcohol made me not feel.

AA is like college, nobody cares if you don't go to class.

I had my first New Year's Eve that I remembered.

They say we are brainwashed, but our brains needed a little washing.

I didn't come here to get good, I came here to get sober.

You are God's precious child; treat yourself like you are.

You can't get 46 years sober and still be young.

If you have to text at a meeting you'll multi-task your way back out of here.

What do we have here - SOBRIETY.

Hear something clever, witty, even profound at a meeting? Send it to: [harborlightchair@hacooa.org](mailto:harborlightchair@hacooa.org)



# HARBOR AREA SPEAKER MEETINGS

<b>High on Life</b> 835 E. 33rd St.@Atlantic, Signal Hill 6/5: Mike P., Dominguez Hills 6/12: Jo Ann F., Long Beach 6/19: Lance J., Bellflower 6/26: Karen K., Huntington Beach	<b>Sunday, 9:00am</b>
<b>Sisters in Sobriety Women's</b> 835 E. 33rd St.@Atlantic, Signal Hill	<b>Sunday, 2:00pm</b>
<b>Signal Hill Speakers</b> 835 E. 33rd St., Long Beach	<b>Sunday, 7:00pm</b>
<b>Paramount Speakers</b> 8021 E. Rosecrans Ave., Paramount	<b>Sunday, 7:00pm</b>
<b>Carson Speakers</b> 23621 S. Main St., Carson	<b>Sunday, 7:00pm</b>
<b>East Bay Group</b> 6400 E PCH@2nd/Marina, Long Beach	<b>Sunday, 7:00pm</b>
<b>Torrance Speakers Group</b> 1422 Engracia Ave., Torrance	<b>Sunday, 7:30pm</b>
<b>Fireside Speakers</b> 641 S. Western Ave., Anaheim	<b>Sunday, 8:00pm</b>
<b>Dirty Shirt Group Speakers</b> 5881 Cherry Ave./E. South St., Long Beach 6/6: Mike Y., Lomita 6/13: Deidre, Los Angeles 6/20: Al G., Anaheim 6/27: John B., Long Beach	<b>Monday, 7:30pm</b>
<b>Bellflower Big Book</b> 9603 Belmont St., Bellflower	<b>Monday, 7:30pm</b>
<b>Seal Beach Speakers</b> 500 Marina Dr., Seal Beach	<b>Monday, 7:30pm</b>
<b>Speakers (Serenity Hall)</b> 12336 Penn St., Whittier	<b>Tuesday, 10:00am</b>
<b>Depth &amp; Weight Group</b> 8021 Rosecrans Ave., Paramount	<b>Tuesday, 8:00pm</b>
<b>Arbor Road Speakers</b> 5306 Arbor Road, Long Beach	<b>Tuesday, 8:00pm</b>
<b>Speakers (Whittier Art Gallery)</b> 8035 S. Painter Ave., Whittier	<b>Tuesday, 8:00pm</b>
<b>Way of Life Speakers</b> 835 E. 33rd St., Long Beach	<b>Wednesday, 8:00pm</b>
<b>12 Steps &amp; 12 Traditions</b> 5950 E. Willow St., Long Beach	<b>Thursday, 7:00pm</b>
<b>Palos Verdes Speakers</b> 2200 Via Rosa@Palos Verdes Blvd.	<b>Thursday, 7:30pm</b>
<b>Long Beach Speakers</b> 759 Linden @8th St., Long Beach	<b>Thursday, 7:30pm</b>

<b>Big 10 Speakers</b> 835 E. 33rd St.@Atlantic, Signal Hill 6/2: Rosemary T., San Pedro 6/9: Bobby S., Pacoima 6/16: Doug R., Tujunga 6/23: Charlie B., Desert Hot Springs 6/30: Bill W., Whittier	<b>Thursday, 7:30pm</b>
<b>Lakewood Speakers</b> 5306 Arbor Road, Long Beach	<b>Thursday, 8:00pm</b>
<b>Downey Thursday Night</b> 9813 Paramount Blvd, Paramount	<b>Thursday, 8:00pm</b>
<b>We're Making It Speakers</b> 23621 S. Main St./Gulf Ave., Carson	<b>Friday, 7:30pm</b>
<b>La Palma Big Book Speakers</b> 11600 Los Alamitos Blvd., Los Alamitos	<b>Friday, 8:00pm</b>
<b>Rule 62 Speakers</b> 16865 Pacific Coast Hwy., Sunset Beach	<b>Saturday, 7:00pm</b>
<b>Sober on Seven Speakers</b> 3125 E. 7th St./Obispo, Long Beach	<b>Saturday, 7:30pm</b>
<b>True Ambition Women's</b> 600 1/2 Redondo Ave, Long Beach	<b>Saturday, 7:30pm</b>
<b>Whittier Speakers</b> 15215 Janine Dr./Colima Road, Whittier	<b>Saturday, 7:30pm</b>
<b>New Friends (Little Company of Mary)</b> 1386 W. 7th St., San Pedro	<b>Saturday, 7:30pm</b>
<b>South Bay Serenity Group</b> 3315 Lomita Blvd., 3rd Fl Med Center, Torrance	<b>Saturday, 7:30pm</b>
<b>Sat. Night Live Open Book Speakers</b> 525 E. 7th St./Atlantic Ave., Long Beach	<b>Saturday, 8:00pm</b>

To submit your speaker meeting schedule, email:  
**harborlightchair@hacoaa.org**

**FROM THE EDITOR**  
FOR THE JULY 2016 ISSUE WE  
ENCOURAGE SUBMISSIONS ON THE  
FOLLOWING:

- ⇒ Oldtimer Stories
- ⇒ Experience, Strength & Hope
- ⇒ A.A. Sponsored Events
- ⇒ GSRs, Group Conscience Speaks
- ⇒ A.A. Speaker Schedules
- ⇒ Gratitude Stories

***Deadline: June 10***

For a comprehensive Harbor Area meeting directory, visit:  
**<http://www.hacoaa.org>**

# GROUP CONTRIBUTIONS

The General Service Conference of Alcoholics Anonymous suggests that groups support AA by sending excess funds to various service activities. There is no required breakdown of these contributions and each group should take a group conscience in making that decision. Many groups in the Harbor Area divide their contributions according to the percentages below. Also, consider making a personal donation during your birthday month in the dollar amount of years you have been sober.

**60% to Harbor Area Central Office**  
 3450 East Spring St., suite #109  
 Long Beach, CA 90806

**30% to General Service Office**  
 Box 459, Grand Central Station  
 New York, NY 10163

**5% to Mid-So. Calif., Area 9**  
 Box 51446  
 Irvine, CA 92619

**5% to your Local District:**  
**District 1**  
 Box 10113, Torrance, CA 90505

**District 2 — North of Carson**  
 Box 8343, Long Beach, CA 90808

**District 3**  
 1840 So. Gaffey St., #251, San Pedro, CA 90731

**District 4 — South of Carson**  
 Box 9972, Long Beach, CA 90810

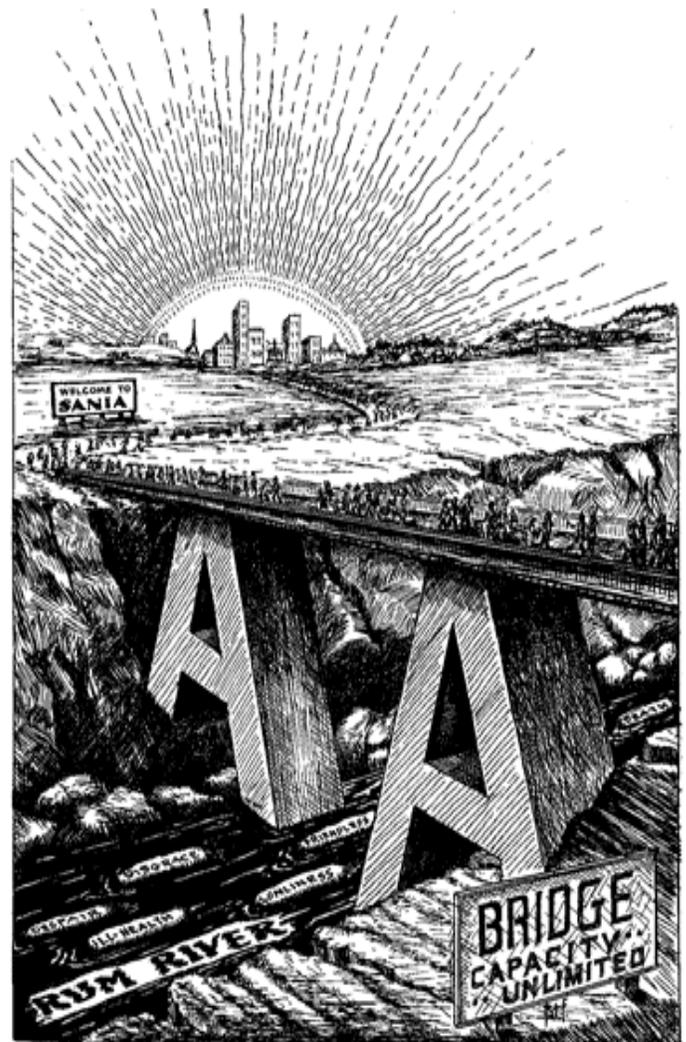
	Apr 16	Apr 15	Jan - Apr 16
435 Intergroup	0.00	0.00	200.00
Aloha Women's Group	0.00	95.50	226.92
Atlantic Alano Club	0.00	4.60	0.00
Att Adj 7 AM Fri Marina Pacifica	0.00	0.00	350.00
Att Adj 7 AM Thurs Marina Pacifica	50.00	0.00	300.00
Att Adj 7 AM Tues Marina Pacifica	0.00	73.00	0.00
Att Adj 7AM Wed Marina Pacifica	0.00	0.00	230.00
Attitude Adj 645 am Lakewood	65.00	50.00	245.00
Back To Basics	0.00	0.00	50.00
Basic Steps	0.00	75.50	0.00
Bellflower Big Book Group	887.89	0.00	2,939.92
Belmont Hts Closed Womens	0.00	0.00	102.60
Book Study Wed MarPac	0.00	0.00	350.00
Bowling Green	60.00	0.00	60.00
Came to Believe	0.00	50.00	50.00
Candlewood Group -St. Cyprians	0.00	0.00	50.00
Carry The Message	0.00	0.00	225.00
Coffee Talk	0.00	0.00	120.00
Compton 401 Bullis Group	25.00	25.00	100.00
Conversations With a Drunk	0.00	400.00	400.00
Courage to Change	0.00	0.00	50.00
Cypress Women's Step Study	93.00	0.00	165.00
Cypress Womens	0.00	64.80	0.00
Discussion, Saturday 1 PM	0.00	0.00	25.00
Downey 5th Street	0.00	0.00	25.00
Downey Beginners	0.00	0.00	120.00
Downey Men's Stag Wed	10.00	0.00	10.00
Downey Real AA	0.00	0.00	141.00
Drunks are Us	0.00	0.00	98.00
Early Att.Adj Mon IFH	0.00	0.00	45.00
Early Att.Adj Sun IFH	0.00	150.00	0.00
Early Att.Adj. Thurs IFH	100.00	0.00	100.00
Early Attitude Adjustment Sat Morning	0.00	0.00	75.00

	Apr 16	Apr 15	Jan - Apr 16
Early Bird Att Adj Sun IFH	0.00	0.00	150.00
East Side Early Bird	0.00	50.00	0.00
Faith in Action	90.00	0.00	90.00
Friday Night Big Book	0.00	0.00	60.00
Friday Night Men's Stag	100.00	0.00	720.00
Friday Night Men's Stag Long Beach	0.00	200.00	80.00
Group #00692821-05-14	0.00	15.00	0.00
Group #168467	0.00	95.67	61.50
Group #173054	0.00	0.00	161.86
Group #618265	659.08	0.00	659.08
Group #678432	0.00	0.00	120.00
Group #679539	0.00	0.00	60.00
Group #688436-09-04	0.00	0.00	62.69
Group #714996	0.00	0.00	35.72
Happy Hour Fri MWA	0.00	60.00	50.00
Happy Hour Mon MWA	0.00	104.11	101.52
Happy Hour MWA Mon	94.78	0.00	94.78
Happy Hour Thurs MWA	0.00	0.00	110.00
Happy Hour Wed MWA	100.00	0.00	100.00
Happy Ms Step Study MWA	0.00	0.00	100.00
Harmony Group	0.00	0.00	50.00
Hoxie Group	0.00	0.00	24.00
I Never Had it so Good	0.00	0.00	167.00
In the Can	0.00	0.00	60.00
Indian Charlie Group	0.00	0.00	50.00
Intercity Fellowship Hall	0.00	45.00	0.00
Intercity Womens	30.00	0.00	30.00
Intimacy & Recovery Men's Stag	0.00	0.00	300.00
Invisible Spkr Mtg	110.00	0.00	110.00
Just Say Thanks	0.00	0.00	40.00
Just The Steps	0.00	0.00	146.12
Keep It Simple Simply A Roundup	0.00	0.00	147.00

Continued on Next Page

	Apr 16	Apr 15	Jan - Apr 16
Living Sober Book Study	0.00	0.00	66.85
Living Sober LB	66.24	0.00	66.24
Lomita Wayfarers	0.00	0.00	25.00
Los Altos Group	0.00	0.00	45.00
Los Altos Open Door	100.00	100.00	250.00
Lucky 13	0.00	0.00	100.14
Marina Pacifica Monday noon	0.00	0.00	200.40
Marina Pacifica Saturday Morning	0.00	0.00	232.52
Marina Pacifica Sunday 10 am	0.00	0.00	125.00
Marina Pacifica Womens Tues Step Study	300.00	0.00	420.00
Men's Banquet	0.00	0.00	930.50
Men's Stag Tues MWA	150.00	0.00	150.00
Men's Step Study	40.00	52.95	40.00
Mike's Spiritual AA	50.00	0.00	100.00
Monday Night Basic Steps Group	0.00	0.00	50.00
Monday Night Book Study Group	0.00	0.00	88.61
New Beginnings	0.00	0.00	103.56
On the Way Home	100.00	0.00	100.00
One Hour Men's Stag	0.00	0.00	150.00
Palos Verdes Men's Stag	0.00	100.00	0.00
Paramount Speakers	0.00	150.00	0.00
POF	100.00	0.00	100.00
Rule 62 Daily Att.Adj	0.00	300.00	300.00
Sanctuary Group	0.00	35.00	35.00
Saturday Big Book Study Kaiser	0.00	100.00	0.00
Saturday Night Sobriety Seekers	0.00	0.00	51.00
Seal Beach Mens Stag -Wed	0.00	0.00	75.00
Seniors 4 Sobriety	0.00	0.00	131.00
Signal Hill Speakers	0.00	0.00	240.00
Sober on the Sand	101.74	0.00	101.74
South Gate Participation	0.00	10.00	0.00
Staggers On Monday	0.00	0.00	82.11
Step/Book Study	100.00	0.00	100.00
Sun Spots	40.00	0.00	40.00
Sunday Morning Participation	0.00	137.40	0.00
Surrender is Freedom	600.08	136.81	600.08
The Vets AA	0.00	10.00	0.00
Thursday at Thursday's	0.00	0.00	100.00
Thurs Night BB Study Los Alamitos	0.00	0.00	30.00
Topic Discussion Sun Los Alamitos	144.00	0.00	144.00
Tuesday Night Round Robin	0.00	0.00	60.00
Tuesday Night V.A.	100.00	0.00	300.00
Twin Town 4PM Happy Hour	0.00	0.00	159.60
Uppity Women	0.00	171.00	240.00
Veterans Hospital	0.00	50.00	0.00

	Apr 16	Apr 15	Jan - Apr 16
Watering Hole VA	193.00	0.00	193.00
We are not a Glum Lot	50.00	0.00	100.00
Wed Night Men's Stag	50.00	0.00	250.00
Wednesday Discussion	207.00	218.00	769.00
Wednesday Night West	200.00	0.00	400.00
Weekenders Group	0.00	0.00	25.00
Westside Early Risers	100.00	120.00	525.00
Willing to Grow	55.80	0.00	207.20
Winners Circle	0.00	0.00	80.00
Women In Recovery	100.80	0.00	100.80
Women in Recovery LosAl	0.00	0.00	120.00
<b>TOTAL</b>	<b>5,423.41</b>	<b>3,249.34</b>	<b>19,698.06</b>



Grapevine, April 1948

**HARBOR AREA SERVICE BOARD**  
**Minutes for May 4, 2016**  
<http://www.hacoaa.org>

The meeting was called to order with the Serenity Prayer at 6:10 pm by Amethyst J., followed by opening remarks.

**Board Members Present:** Chair 1: Amethyst J.; Chair 2: Jamie C.; Chair 3: Mark J.; Chair 4: Ben L.; Chair 5: Jackie P.

**Secretary’s Report:** Jamie C., acting secretary, read the minutes from the April 2016 meeting. The minutes were accepted as read on a motion made by Amethyst J., seconded by Ben L. Motion passed 4-0.

**Chair 1 Report:** Amethyst J. reported that she spoke to Ralph M. last week and said that he simply forgot about the service committee meeting and that reports would be available at the next service committee meeting. She also gave a warm welcome to the new Program Chair, Liz G.

**Treasurer’s Report:** Ralph M. read the April 2016 Income Statement. He then read the Literature Report for April 2016.

**Central Office Reports:** Deborah M. read the **HACO** services provided for the month of April 2016:

In-house phones		Harbor Light		After-hours phones	
Fellowship calls	106	Paid copies mailed	142	Total calls	119
Newcomer	40	Exchange copies mailed	38	Persons reporting	32
Out of town	2	Expired copies mailed	28	Central Office Receipts	
12 <sup>th</sup> Step	1	Total mailed	208	Contributions	\$3,645
Other	52	Total printed	218	Literature	\$5,966
Total in-house calls	201	Subscriptions emailed	18	Website visits	3,865

**Assembling of the June 2016 Harbor Light is scheduled for Saturday, May 21, 2016, at 9:00 am.**

**Committee Reports**

**Program Chair:** Liz G. reported that she has been diving right in with the Rule 62 picnic. She has been contacting groups to support the event. She is still looking for groups to host the hamburger & hotdog booths. She is also looking for help with entertainment: DJ, bands, and sound. She wants to encourage each group to contact her if they would like to help. Jamie C. said that she created packets for the delegates with flyers and entry tickets, and that hopefully the raffle tickets will be available by the HACS meeting next week. Liz G. also stated that there will be holding planning meetings and the dates will be announced at the next HASC meeting.

**Public Information:** Mary M. reported that, due to certain circumstances, she missed the deadline for the LB Pride booth and apologized for that. Her committee created a flyer about the services that HACO provides in order to send out to DUI attorneys and private practice doctors.

**H & I:** Ron T. sent a report stating, “Harbor Hospitals and Institutions is doing really well. At our last meeting we had five newcomers and two members celebrated birthdays for a total miracle of 64 years. We spent \$1,868 in literature this month. We picked up three new panel requests: Harbor View Hospital, LA Community Hospital in Bellflower and Agustus Hawkins Hospital in Willowbrook. We will fill them with panel leaders at our next meeting The H&I Conference April 8-10 was a great success and everybody had fun. Our next H&I business meeting will be May 18.”

**12 Step (In Office):** Dan H. reported that there is one opening on Saturday from 3-5pm. He stated that since this position was hard to fill every week, he made it a once a month position with it now being 4 available slots. All who are interested are asked to contact Central Office.

**Action and Responsibility:** Gilbert G. - absent. Matthew L. reported for him, stating that they are going to look into the site location names for meetings and see if they can't get more information to help individuals find meetings more easily.

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Harbor Light

Continued from Previous Page

**Archives:** Mark J. reported that he has been working hard to get speaker tapes available on the website and has been successful! He stated that there are now about 34 available speakers on hacoaa.org. He has also received a few group histories and his next mailing will be going out sometime this week.

**Phones (After Hours):** Gil G. reported that there are no available positions.

**Harbor Light:** Carrie A. – absent.

**Website:** Matthew L. reported that we have now switched to a west coast server and it served us well! We have now have 3,865 website visits for the month of April 2016, which has brought us back up to the top #10. He also said our website is now google and siri friendly, and you can look up meetings by using voice text on hacoaa.org.

#### Old Business

Amethyst J. asked the board to help her with the definition of a “registered meeting” in order to help with the process of updating the by-laws. Much discussion was had and each board member agreed to do some digging to aid in this process.

#### New Business

Mark J. made a motion to purchase a storage unit to help with the overflow of stuff in the back of the office. Dan H. seconded the motion. Discussion was had and all agreed that this was a good decision. Motion passed unanimously.

Amethyst J. made a motion to adjourn, seconded by Ben L.. The meeting was adjourned with the Serenity Prayer at 7:30pm.

Respectfully submitted, Jamie C., Acting HASB Secretary



The online Harbor Area Central Office Archives section now hosts a growing collection of excellent AA speakers including many local favorites in mp3 audio file format. Listen to the message on your computer, tablet or smartphone! Check it out at <http://hacoaa.org/archives/speaker-tapes.html>

## *Thank you to the delegates who attended the May Harbor Area Service Committee Meeting*

**10th Step Solution—Liz G.**

**10+ Group—Robert C.**

**Bellflower Big Book—Mike S.**

**Bowling Green—Eric B.**

**Came to Believe—Matthew L.**

**Carry the Message—Ron W.**

**Early Attitude Adjustment ICFH—Revo M.**

**East Bay—Gil G.**

**High on Life—Dale C.**

**Indian Charlie—Frank U.**

**La Palma Big Book—Pete K.**

**Lakewood Speakers—Chris I.**

**Los Altos Open Door—Manuel J.**

**Over 50 Group—Mark M.**

**RT Monday Morning—Bruce E.**

**Seal Beach Speakers—Mary M.**

**Signal Hill Speakers—Gilbert G.**

**There is a Way—Ron T.**

**Tuesday Night Women’s Downey—Adriana F.**

**Under the Bridge—Thomas P.**

**Wednesday Night Book Study—Hiro S.**

## HARBOR AREA SERVICE COMMITTEE Minutes for April 13, 2016 <http://www.hacoaa.org>

1. The meeting was called to order by Ben L. at 7:30pm followed by the Serenity Prayer.
2. HASC meeting announcements and rules were announced.
3. The 12 Traditions were read by Randy A.
4. There were 2 new delegates: Jackie P., Los Altos Open Door & Liz G., Women's 10<sup>th</sup> Step Solution.
5. Julius Y. - absent. Mark J. reported that 17 delegates were present, and 13 were needed for a quorum.

**Secretary's Report:** Rebecca F., secretary, read the minutes of the March 9, 2016 meeting. The meeting minutes were accepted as read on a motion made by Gil G. and seconded by Chris I. Motion passed 17-0.

**Treasurer's Report:** Ralph M. – absent.

**Chair 1 Report:** Amethyst J. reported things have been running smoothly. She mentioned the issues with the website but stated Matthew L. has found the solution and the website should be up and working. She encourages anyone that is having difficulty accessing the website to let her or Matthew L know so he can address the issue.

Ben L. read the HACO services provided for the month of March 2016:

In-house phones		Harbor Light		After-hours phones	
Fellowship calls	158	Paid copies mailed	148	Total calls	117
Newcomer	8	Exchange copies mailed	37	Persons reporting	32
Out of town	5	Expired copies mailed	31	Central Office Receipts	
12 <sup>th</sup> Step	0	Total mailed	216	Contributions	\$3,645
Other	82	Total printed	233	Literature	\$5,966
Total in-house calls	285	Subscriptions emailed	18	Website visits	871

**Assembly of the May 2016 Harbor Light is scheduled for Saturday, April 23, 2016, 9:00am at Central Office**

### Committee Reports

**Public Information:** Mary M. - absent.

**Program Chair:** Open position. Jamie C. reported that Mark J. secured the venue for the Rule 62 picnic. She made flyers for delegates to take back to their groups to encourage members to get involved to help put on the event. She mentioned she is still looking for entertainment to play at the event and if anyone knows of any bands that would be willing to play to please let her know. Jamie C. also informed the committee that if any groups were interested in hosting a booth to fill out the host form and return it next month to the HASC.

**H&I:** Ron T. reported from the February 17<sup>th</sup> H&I meeting. He informed the committee that their meeting will be bumped in April for a Wounded Warrior Project and that the meeting will be held on the 4<sup>th</sup> Wednesday, April 27<sup>th</sup> this month. He reported that they spent \$1,371.72 on literature last month. Ron T. also reminded the committee that the Chili Cook-Off will be held on Saturday, September 17<sup>th</sup> at Little Rec Park. Planning meetings for the Cook-Off are starting this month. All panels were filled with no dark nights.

**In Office/Twelve Step:** Dan H. reported that he has 1 open position that is tentatively being filled by a member with 3 months sobriety. He inquired what the sobriety requirement was and Sue T. responded that it is 6 months or per the In Office Chairman's discretion. Dan H. then reported that he had no openings at this time and that he approved of the volunteer he has.

**Action & Responsibility:** Gilbert G. reported that he has no new updates at this time.

**Archives:** Mark J. reported that the April mailing went out today and it was the history of the LB group that he pulled from the Inter-group archives. Mark J. made packets to take back to groups who are interested in their group's history. He asked these be filled out by groups that are interested and he would pull available archives for them.

**Phones (After Hours):** Gil G. reported there are 2 open slots: 2<sup>nd</sup> Tuesday and 4<sup>th</sup> Sunday from 6pm-9am.

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**Harbor Light:** Hiro S. reported for Carrie A. that the April Harbor Light is out and available. He encouraged the committee to read Concept 4 in the HL, as it is a great informative read. He also mentioned that all articles are in for the next HL and everything is going smoothly.

**Website Committee:** Matthew L. - absent.

**District 2:** Revo M. - absent.

**District 4:** Hiro S. reported that he is the Secretary for the DCM school.

**Area 9:** Hiro S. reported that all the talk at the Area meeting was about the pre-conference assembly. He informed the committee that Joe C. will be flying out to the conference to represent Area 9. He informed the committee that the biggest talk was of the idea of an "interpretation" of the Big Book, and the majority vote from the group conscious is "NO," we do not need an interpretation, we just need the original Big Book.

**Old Business**

Ben L. informed the committee that in the by-laws it states that any changes the committee would like to make to the by-laws must be written out and sent back to registered groups for a vote and signed off by the secretary. Discussion was held for more clarity on amending the by-laws. Chair 1 was offered insight on how to write up the amendments to the by-laws so the registered groups could understand the changes that the committee proposed. Chair 1 stated she would have the amendments written up for next HASC meeting that will be sent back with the representatives to their respected meetings for a vote.

**New Business**

Ben L. read the job description for Chair 5. Bruce E. nominated Jackie P., seconded by Robert C. Jackie P. accepted nomination. Ron T. nominated Bob B., seconded by Gil G. Bob B. accepted nomination. Gil G. moved for nominations to be closed, seconded by Chris I. A ballot vote was had and Ben L. welcomed Jackie P. as the new Chair 5. Results of the vote were Jackie P.(14), Bob B.(4), and 1 abstention.

Ben L. read the Program Chair Job description. Liz G. volunteered for the position and was elected by acclamation.

Amethyst J. reported to the committee a topic that was brought up at the Board Meeting. She read in Concept 4 that office staff should be able to have a vote at the service committee meeting. As non-delegates she proposed that they should be able to vote, but not make motions. This topic was tabled for next months discussion. She also asked the committee to please send in options or ideas for writing up the amended by-laws.

Bruce E. made a motion to adjourn the meeting, seconded by Chris I. Meeting was adjourned at 8:28pm.

Respectfully submitted, Rebecca F., HASC Secretary



**Approximately 600 meetings are listed in the Harbor Area directory; only 25 percent of those meetings are contributing to Central Office.**

**Give a little extra to show your support and gratitude for your sobriety. You can donate any amount—a dollar for each year sober; a dollar for each year your home group has been in existence; \$3.65, a penny a day for this past year, or if you can afford it, \$36.50 or a dime a day. The amount can be anything! Every penny counts! Spread the word!**

Harbor Area Central Office  
3450 E. Spring St., #109  
Long Beach, CA 90806

General Service Office  
PO Box 459  
New York, NY 10163

Southern California Area 05  
PO Box 481193  
Los Angeles, CA 90048

Mid Southern California Area 09  
PO Box 51446  
Irvine, CA 92619-1446

District 4  
P.O. Box 9972  
Long Beach, CA 90810

*Tradition Seven tells me how to obtain peace of mind. It shows me how to regain my self-respect. At long last I understand the inner peace that comes from being responsible for myself, and to myself. Tradition Seven says, "Every AA group ought to be fully self-supporting, declining outside contributions." What a relief that is! No longer do I need to wait for contributions. I am now free to give contributions.*

*Dr. Earle M. Grapevine, 1964*

# HARBOR AREA CENTRAL OFFICE INCOME STATEMENT

	Apr 16	Apr 15	Jan - Apr 16
<b>Income</b>			
<b>Contribution</b>			
Group Contributions	5,423	3,249	19,698
Personal Contributions			998
Birthday Contributions	40		136
HASC Receipts	47	44	181
Bulletin Contributions	91	145	302
<b>Total Contribution</b>	<b>5,601</b>	<b>3,438</b>	<b>21,315</b>
Literature Sales	2,650	4,278	16,398
Other Income/Interest	2	61	74
<b>Total Income</b>	<b>8,253</b>	<b>7,777</b>	<b>37,787</b>
<b>Cost of Goods Sold</b>			
Cost of Goods Sold	1		34
Cost of Literature	1,817	3,099	12,096
Inventory Adjustment	(24)		(104)
Credit Card Fees	45	40	149
<b>Total COGS</b>	<b>1,839</b>	<b>3,139</b>	<b>12,175</b>
<b>Gross Profit</b>	<b>6,414</b>	<b>4,638</b>	<b>25,612</b>
<b>Expense</b>			
Donations			
Bookkeeping	45	45	135
Copy Plan (Xerox) Less Directory & HL copies	263	266	1,033
Depreciation Expense	(142)	(213)	(533)
Harbor Light	42	42	169
Insurance - General	59	206	175
Insurance - Workers' Comp	107	125	427
Payroll	31	37	122
Postage	3,674	3,392	15,011
Rent Storage			
Rent - HASC		49	98
State Sales Tax Adjust- ment	1,285	1,244	5,077
Security System	65	65	260
Shipping Charges	0		404
Supplies		20	60
Telephone/Internet			
Utilities - Water	115	77	506
<b>Total Expense</b>	<b>5,810</b>	<b>5,386</b>	<b>23,739</b>
<b>Net Income</b>	<b>604</b>	<b>(748)</b>	<b>1,873</b>

## Upcoming Event Calendar

### Harbor Area Service Board

May 4, 2016 at 6pm  
3450 E. Spring St., Suite 109, Long Beach, CA

### General Service—District 4

May 4, 2016 at 7pm (new GSR orientation at 6:30pm)  
1900 E Carson St., Long Beach, CA

### Harbor Area Service Committee

May 11, 2016 at 7:30pm  
1900 E. Carson St., Long Beach, CA

### Harbor Area H&I Service Committee

May 18, 2016 at 8pm  
5938 Parkcrest St., Long Beach, CA

### AA Desert Pow-Wow

June 9-12, 2016  
Renaissance Indian Wells Resort & Spa  
44400 Indian Wells Lane, Indian Wells, CA 92210  
<http://www.desertpowwow.com>

### High Desert Convention

June 10-12, 2016  
Courtyard Marriott  
9619 Mariposa Road, Hesperia, CA 92345  
<http://www.highdesertconvention.com>

### Big Book Workshop Weekend

July 23-24, 2016  
Imperial Alano Club  
8021 Rosecrans Ave., Paramount, CA 90723  
<http://www.paramountspeakers.org>

**Harbor Light** is a monthly publication of the Harbor Area Service Committee of Alcoholics Anonymous. Send articles, comments, letters and artwork to:

Editor, *Harbor Light*  
3450 E. Spring St., Ste. 109  
Long Beach, CA 90806

**E-mail:** [harborlightchair@hacoaa.org](mailto:harborlightchair@hacoaa.org)

**The deadline for submissions is the 10th of the month prior to publication.**

### Harbor Light trusted servants:

Carrie A., Editor  
Jamie C., HACOAA Liaison  
Angie B., Dale C., Neil E., Harbor Light Committee

### Contributors:

Kevin P., Wit and Wisdom  
BooBoo G., Step 6  
Mark J., Tradition 6  
Ashley W., Concept 6  
Rick R., Thermodynamics

## HARBOR AREA HOSPITALS AND INSTITUTIONS

### Minutes for April 27, 2016

<http://www.hacaaa.org>

**ANNOUNCEMENTS:** Many thanks to Gary for coffee and to those who helped set up. Troy read the Twelve Traditions. The March minutes were approved with no corrections. Amanda ran the 50/50 raffle.

**NEWCOMERS:** There were 5 newcomers tonight. We will have names and phone numbers available next month.

**BIRTHDAYS:** There were 2 birthdays for the month of April: Jim with 27 years and Dona with 37 years. This is a total miracle of 64 years. We all sang Happy Birthday.

**TREASURERS REPORT:** Ron T. gave a detailed treasurers report. In our General Fund, we have \$2,508.76. We have \$9,337.78 available for literature in our Literature Fund.

**INFORMATION MEETINGS:** Miles explained how information meetings work and how you can schedule an information meeting at your speaker meeting. There will be an information meeting on May 5<sup>th</sup> at the MWA. All are welcome.

**LITERATURE REPORT:** Vern gave a detailed literature report and explained how to order literature and how to pick it up. We spent \$1,868.48 on literature this month.

**INTERGROUP REPORT:** The last Intergroup meeting was held Sunday, April 10<sup>th</sup> in La Mirada at the SoCal H&I Conference and hosted by Orange County H&I. The 35<sup>th</sup> Annual Southern California Conference was a lot of fun with good participation and good food. The next Intergroup meeting will be on Sunday, May 22<sup>nd</sup> and hosted by the Inter Valley H&I Committee. Lunch will be at 11 am. The business meeting starts at 12pm. All are welcome.

**SERVICE COMMITTEE:** At the last Service Committee meeting held on April 13, there were 17 delegates in attendance. A quorum is 13 and was had. The treasurer was not in attendance so the income statement was not read or approved. In Office/Twelve Step Chair Dan says slots are all full. Jackie P. was elected as new Chair 5. Liz G. was elected as new Program Chair. Harbor Light is in still in need of new subscriptions to keep our USPS Bulk Rate. This month, we mailed out 31 comp subscriptions to avoid paying the much higher First Class rate. Also Hiro, who is helping the ailing Carrie, is in need of articles for the Harbor Light. After Hours phones have 2 slots open: the second Tuesday and the fourth Sunday both at night, call Central Office. Assembling of the May 2016 Harbor Light is scheduled for Saturday, April 23<sup>rd</sup>, at 9am at Central Office. All are welcome.

**AREA ASSEMBLY:** No report.

**POLICY COUNCIL:** No report.

**CHILI COOKOFF:** The date for the Chili Cook Off 2016 will be Saturday, September 17 at our same location in Little Recreation Park. Our first planning meeting will be in May, which will be held at 7:00 pm before the regularly scheduled H&I Committee meeting that month.

**SPANISH LANGUAGE:** No report.

**PANELS:** Panels were filled and no dark nights were noted.

**OLD BUSINESS:** None

**NEW BUSINESS:** Motions were made and approved for books. Three new panels were approved for Harbor View, LA Community Hospital in Bellflower, Agustus Hawkins in Willowbrook.

John won the 50/50 raffle and picked up \$47.00.

The meeting ended at 8:45pm.

Our next meeting will be Wednesday, May 18 at the American Legion Hall 5938 East Parkcrest Street, Long Beach, CA 90808. Chili Cook Off planning meeting will be at 7:00pm. Newcomer orientation will be at 7:30pm. Our business meeting will be at the same time, 8:00 pm.

Respectfully submitted by Ron T.



**Harbor Light**  
3450 E. Spring St., Ste. 109  
Long Beach, CA 90806-2461

JUNE 2016

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